

Update 1 of: Over One Hundred Peptide-Activated G Protein-Coupled Receptors Recognize Ligands with Turn Structure

Gloria Ruiz-Gómez, Joel D. A. Tyndall,[†] Bernhard Pfeiffer,[†] Giovanni Abbenante, and David P. Fairlie*

Division of Chemistry and Structural Biology, Institute for Molecular Bioscience, University of Queensland, Brisbane Qld 4072, Australia

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1. GPCRs: Importance and Occurrence

G protein-coupled receptors (GPCRs) are seven trans-membrane helical bundle proteins (Figure 1) found on the surface of all cells.^{1–3} They mediate cellular responses to a diverse range of extracellular stimuli, including both endogenous chemical signals and exogenous environmental agents (e.g., light, amino acids, peptides, proteins, small organic molecules such as amines and lipids, nucleosides, nucleotides, metal ions, and pharmaceuticals). Once activated by an extracellular signal, GPCRs activate heterotrimeric G proteins that interact promiscuously with multiple receptors

* Corresponding author: fax, +61-733462990; e-mail, d.fairlie@imb.uq.edu.au.

[†] Current mailing addresses: J. Tyndall, National School of Pharmacy, University of Otago, P.O. Box 913, Dunedin, New Zealand; B.Pfeiffer, Institute of Pharmaceutical Science D-CHAB, ETH Hoenggerberg HCI H492.4, Wolfgang-Pauli-Str. 10, CH-8093 Zurich, Switzerland.



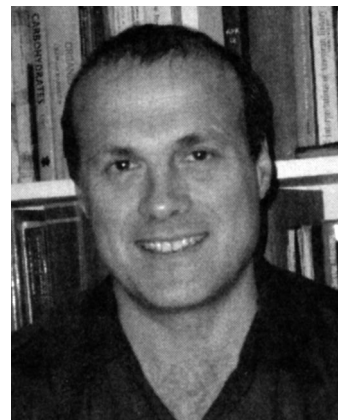
Dr. Gloria Ruiz-Gómez received her Ph.D. degree in chemistry in 2006 at University of Almería (Spain) under the supervision of Prof. F. López-Ortiz, working on dearomatizing reactions of phosphinamides and phosphonamides and their applications in organic chemistry. In 2007, she joined Prof. Fairlie's group as a postdoctoral fellow and has current interests in organic chemistry (solution and solid phase) for drug design, application of NMR techniques for solution structure determination, and study of reactive intermediates. Recently, she developed inhibitors of complement activation (C2 and factor B), agonists and antagonists of ORL-1, and determined NMR-derived solution structures of short constrained peptides.



Dr. Bernhard Pfeiffer obtained his diploma in chemistry from the University of Basel in 1997 and received his Ph.D. in 2002 from the University of Zurich under the guidance of Prof. J. A. Robinson, working in the field of new protein epitope mimetics. He then spent a year as a research fellow at the Institute of Molecular Bioscience at the University of Queensland under the supervision of Prof. D. Fairlie before taking up his current position in late 2004 as a postdoctoral fellow in the group of Prof. K.-H. Altmann at the Institute of Pharmaceutical Science of the Federal Institute of Technology Zurich (ETH). E-mail: bernhard.pfeiffer@pharma.ethz.ch.



Dr. Joel Tyndall obtained his B.Sc. (Hons) degree in Inorganic Chemistry from Monash University in 1994 and his Ph.D. degree in 2000 from the Centre for Drug Design and Development, The University of Queensland, which focused on molecular recognition in disease. He spent a year at the University of Edinburgh with Professor Malcolm Walkinshaw. Since 2001 he has worked with Professor Fairlie in the field of drug design. He took up a faculty position in 2004 at the School of Pharmacy at Otago University, New Zealand.



Dr. Giovanni Abbenante received his B.Sc. (Hons) degree from the Department of Chemistry at the University of Adelaide and his Ph.D. degree on the synthesis of GABA_B receptor antagonists from Flinders University in 1992. He undertook postdoctoral studies on the synthesis of ladderanes at the Central Queensland University and on HIV-1 protease inhibitors at the University of Queensland. He is currently a Senior Research Officer in the Institute for Molecular Bioscience with interests in drug design and in the synthesis of protease inhibitors, macrocycles, receptor antagonists, and peptidomimetics. E-mail: j.abbenante@imb.uq.edu.au.

including guanine nucleotides GTP and GDP, and with the GPCR itself at the large third cytoplasmic loop. GPCR activation thereby triggers intracellular signal transduction cascades via numerous intracellular messengers, producing cellular changes that characterize or initiate physiological processes.

Sequencing of the human genome has so far revealed almost 1000 human genes that encode G protein-coupled receptors and, although more may be added to this list, this is already the largest group of membrane-spanning surface receptors on human cells.⁴⁻⁶ Around 60% of known GPCRs are thought to be olfactory or sensory receptors associated with smell, taste, vision, etc., leaving at least 300–400 GPCRs that are nonsensory in function, including ~175 “orphan” receptors for which an endogenous ligand is still to be identified.⁷⁻⁹ Over one-third of all registered pharma-

ceuticals today exert therapeutic effects by binding to GPCRs,^{10,11} yet they target only ~30 GPCRs and only a few of those are peptide- or protein-activated GPCRs.

2. GPCRs: Classification

GPCRs generally consist of a single polypeptide chain of 400–3000 residues that form a variable extracellular N-terminus (7–3000 amino acids), seven transmembrane α -helices (20–27 residues), an intracellular C-terminus (12–400 amino acids), three endo- and three exoloops (5–250 amino acids). Except for the highly conserved 7TM helical region, all these domains vary considerably between GPCRs, indicative of their diverse structures and functions. There is a small positive correlation between the length of the N-terminus of a GPCR and the size of its extracellular



Professor David P. Fairlie received his B.Sc. (Honors) degree from the University of Adelaide and Ph.D. degree from the University of New South Wales and did postdoctoral research at Stanford University and the University of Toronto. He has held research/teaching appointments in six Australian universities and led the Chemistry Group in the Centre for Drug Design and Development, University of Queensland, since 1991. His research interests are in chemical synthesis (organic, medicinal, inorganic); molecular recognition (DNA-, RNA-, protein-, metal-binding compounds); peptide and protein mimetics; nonpeptidic enzyme inhibitors and receptor antagonists for viral and parasitic infections, inflammatory disorders, cancers, and neurodegenerative diseases; and mechanisms of chemical reactions, biological processes, disease development, and drug action.



Figure 1. G protein-coupled receptor (GPCR) from bovine rhodopsin.

ligand,¹² consistent with the N-terminus being the principal binding site for most large polypeptides and glycoprotein hormones. Notable exceptions are the 500–600 residue N-terminal segments of neurotransmitter receptors, which bind small ligands (e.g., Ca^{2+} , mGluR, GABA).

Historically, GPCRs have been grouped into three classes, but a number of receptors have since been found to lie outside these classes. “Class A” is the largest group of GPCRs, most of which have short N-terminal domains and highly conserved transmembrane regions. These GPCRs are structurally related to rhodopsin or adrenergic receptors, and bind to many amine, purine, and peptide ligands. As many as 900 olfactory receptors may belong to this class. Some members that have long N-terminal domains tend to bind to glycoprotein hormones (e.g., LHR, FSHR, TSHR). Most current pharmaceuticals that target GPCRs regulate the

biogenic monoamine-stimulated neurotransmitter-binding receptors.^{13,14}

“Class B” is the secretin-like receptors that tend to have six conserved cysteines and a hormone-binding domain in their long N-terminus. These receptors bind large peptide ligands such as glucagon, corticotropin releasing hormone, parathyroid hormone, vasoactive intestinal peptide (VIP), growth hormone releasing hormone, calcitonin, gastric inhibitory polypeptide, and adenylate cyclase activating polypeptide receptor (PACAP). Recently a group of over 30 human GPCRs of this class have been reported with long N-termini (of up to 2000–3000 residues) forming mucin-like stalks with many Ser/Thr glycosylation sites.¹⁵

“Class C” are the neurotransmitter receptors with long N-terminal tails (500–600 residues), comprising a separately folded ligand-binding domain, and no trans-membrane homology with other GPCR families.¹⁶ This family includes the Ca^{2+} receptor, GABA receptors, and metabotropic glutamate receptors (mGluRs). There are at least 8 mGluRs, all binding the neurotransmitter Glu in the long extracellular N-terminal domain via a “Venus-flytrap” mechanism, involving ligand capture by an open, functionally inactive, form of the receptor which, upon closing, becomes functionally active and leads to signal transduction.

In addition to these rhodopsin-like, glutamate-like, and secretin-like classes of GPCRs, there are at least two other families, the adhesion- and frizzled/TAS2-GPCRs, which do not fit into the above classes and are described in more detail elsewhere.^{5,17}

Whereas most current pharmaceuticals bind within the hydrophobic transmembrane regions of GPCRs, most extracellular protein/peptide ligands are thought to bind mainly to the extracellular loops or N-terminal domain of GPCRs. Since almost all of the peptide/protein-binding GPCRs are implicated in disease pathology, there is a need to better understand these protein–protein interactions if such GPCRs are to be more effectively targeted by new pharmaceuticals. The pharmaceutical industry has taken a long time to pursue these protein-binding GPCRs, in part because of a perception that such protein–protein interactions are complex and involve large surface areas that need to be competed for, or mimicked by, molecules that would need to be much larger than traditional pharmaceuticals. The availability of more detailed information on protein–protein interactions has led to the realization that small molecule agonists/antagonist can indeed be effectively designed to bind even to peptide-activated GPCRs.

3. GPCR-Binding Peptide Ligand Structures and Activities

Because only a few three-dimensional structures of GPCRs are currently known,^{18–22} and only for their inactive states, the development of pharmaceuticals that can regulate this important class of regulatory proteins is still heavily reliant on ligand-based drug design. While much has already been accomplished with “privileged” structures as scaffolds for building GPCR ligands,^{2,23–25} it is still often not much more than a random process that could benefit substantially from more information on requirements for ligand binding to GPCRs. We therefore set out in this article to gather structural evidence on the preferred conformations of known GPCR-binding proteins and peptides. We have inspected ~135 GPCRs for which there are known peptide/protein ligands and herein summarize available information that

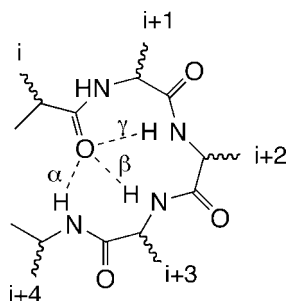


Figure 2. Distinction between general α -, β -, and γ -turns.

supports a common (perhaps universal) pattern of shape recognition by this important class of receptors. We have suggested that a general “turn” motif is adopted by these ligands in solution and is likely associated with binding to, and mediating bioactivity through, GPCRs.

A peptide turn may be defined (Figure 2) by 3 residues (γ -turn), 4 residues (β -turn), and 5 residues (α -turn) that can respectively form 7-, 10-, and 13-membered hydrogen bonded rings. When linked consecutively, multiple β -turns are frequently described as 3_{10} -helices, whereas multiple α -turns define α -helices. Recognition of a turn conformation normally only involves interactions between side chain residues of the ligand with the receptor, and thus the peptide turn can be considered to be a scaffold, which could potentially be either conformationally constrained or entirely replaced by an alternative rigid nonpeptidic scaffold designed to support moieties that may mimic peptide side chains.

Four main lines of evidence are presented herein for recognition by GPCRs of turn conformations in peptide/protein ligands. Although structures of the GPCRs and their ligand complexes are not yet available, structures have been determined for some ligands unbound to the receptor, and many such molecules do show a preference for a turn structure in solution for the bioactive region of the ligand sequence. Second, in some cases small synthetic peptides that display turn structures are agonists or antagonists of individual GPCRs, the induction of structure often correlating with ligand affinity or agonist/antagonist potency. A third line of evidence originates from the high affinity/potency of cyclic peptide ligands, which stabilize turn conformations, supporting the likely involvement of such conformations in recognition of native ligands. Finally, a large number of synthetic nonpeptidic²⁶ and peptidomimetic ligands have been developed as GPCR agonists or antagonists. In many cases they are mimetics of peptide turns though have not always been reported as such. They are more extensively reviewed elsewhere,^{27–38} and only a few examples are shown here in support of the importance of ligand turn conformation for binding to specific examples of GPCRs.

The information on ligand turn structures assembled in this article may help in the generic design of GPCR-binding scaffolds and ligands, encourage proteomics approaches to the further characterization of post-translational GPCR ligand and receptor modifications (e.g., glycosylation, phosphorylation, acetylation, sulfation) that cannot be detected through gene expression analyses, and catalyze further development of clinically useful agonists and antagonists for GPCRs, both those receptors described herein and those which remain to be discovered.

4. Mammalian GPCR-Binding Peptide Hormones

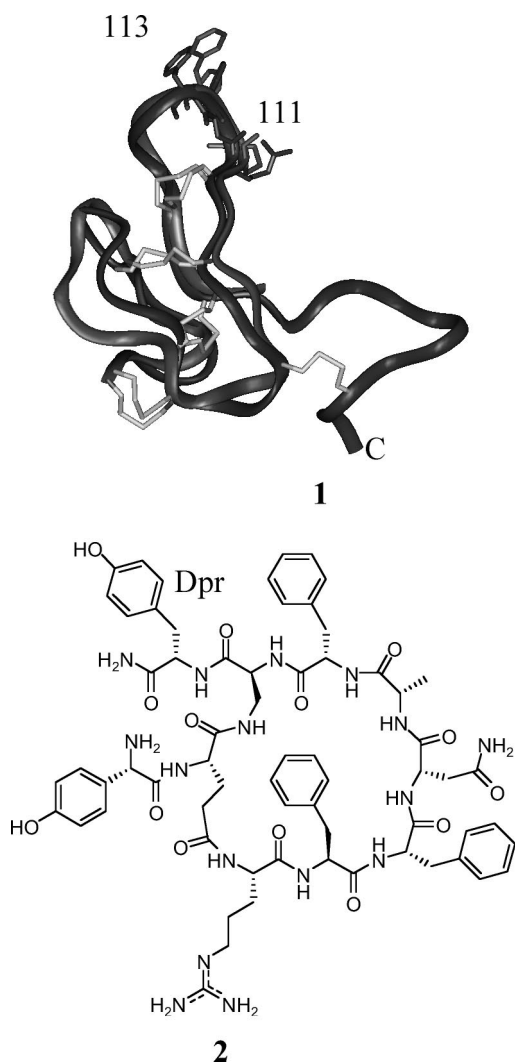
4.1. Adrenomedullin

Adrenomedullin³⁹ (AM, Accession No. P35318) is a hypertensive 52-residue, disulfide bridged (16–21) peptide YRQSMNNFQGLR₁₂SFGC₁₆RFGTC₂₁TVQKLAHQIYQFT-DKDKDNVAPRSKISPQGY-NH₂. It is a member of a family of peptide hormones that includes calcitonin, α - and β -calcitonin gene related peptide (CGRP), and amylin. Adrenomedullin is widely distributed in humans and possesses a remarkable array of actions, including regulating cellular growth and differentiation, modulation of hormone secretion, antimicrobial activity,⁴⁰ and potent vasodilatory and hypertensive effects.^{41,42} Like its counterparts, AM receptors (AMR) are made up of a GPCR calcitonin receptor like receptor (CRLR) and a receptor-activity-modifying protein (RAMP). **The interaction of CRLR with RAMP1 mediates CGRP1 pharmacology, while the combination of CRLR and RAMP2 or -3, which reconstitutes AM receptors to show the pharmacological characteristics of the native receptors, is reviewed elsewhere.^{43,44} It has been shown that the disulfide bridged cyclic hexapeptide turn component and the C-terminal amide are necessary for biological activity, while removal of the N-terminal 12 residues does not reduce potency.⁴⁵ One study also identified the shorter bovine AM(11–26) as a biologically active ring-constrained endogenous peptide.⁴⁵ No structural studies have been published yet but, based on homology with its neighbors, it is believed to contain a helical region beyond the cyclic portion of the peptide in the C-terminal region. **More recently, the extracellular domain of human RAMP1 has been crystallized and shows a three-helix bundle fold, which is stabilized by three disulfide bonds.⁴⁶ Determination of this crystal structure has informed the location of the important residues for GPCR and/or AM binding, indicating that those which are not conserved in the RAMP family can play important roles in determining specificity of ligand binding with receptor.****

4.2. Agouti Protein and Agouti-Related Peptide

Agouti protein (Accession No. P42127; pdb 1hyk) and Agouti-related protein (AGRP; Accession No. O00253; pdb 1mrO) are 131- and 132-residue proteins, respectively, that act as endogenous antagonists at melanocortin receptors (MCR) and competitively antagonize α -melanocyte-stimulating hormone (α -MSH),^{47,48} which is discussed in more detail below. Murine agouti protein is normally expressed in hair follicles and is associated with pigmentation.⁴⁹ Agouti is a potent melanocortin antagonist at MC1-R and MC4-R (K_i 2.6 and 54 nM, respectively) and a weak antagonist at MC3-R and MC5-R (K_i 190 and 12 000 nM, respectively). AGRP is related to the regulation of feeding behavior and metabolism and is also linked to obesity and diabetes. AGRP is equipotent at central melanocortin receptors, MC3-R and MC4-R (binding affinity \sim 1 nM).^{47,49} The cysteine rich C-terminal regions of both proteins (Agouti 48 residues; AGRP 46 residues) have been shown to be as potent as the full length proteins.⁴⁹ The NMR structure of the C-terminal domain of AGRP (87–132) has been determined and shows the five disulfide bonds characteristic of the cysteine knot, **1.**^{48,50} The first 34 residues of the peptide adopt a three-stranded antiparallel β -sheet with the latter two strands forming a β -hairpin. Within this hairpin are the three residues essential for receptor binding RFF (111–113).⁵¹ A second

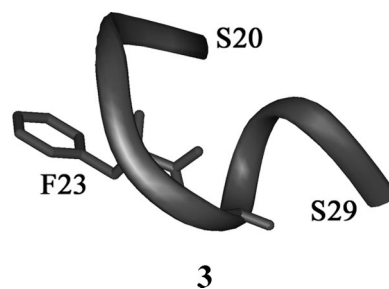
structure of an AGRP truncated analogue (87–120, C105A) is also shown superimposed, **1**, and displays similar receptor binding and activity to the longer AGRP (87–132).⁵² A lactam bridged cyclic antagonist, Tyr-c[Glu-Arg-Phe-Phe-Asn-Ala-Phe-Dpr]-Tyr-NH₂, **2**, based on hAGRP(109–118) is a turn mimetic that acts as an antagonist to MC1-R and MC4-R [pA₂ 5.9 (*K*_i 1.2 μM) and 6.9, respectively] but has no activity at MC3-R or MC5-R.⁵³ On the other hand, molecular modeling studies on hAGRP(87–132) have allowed design of a new potent agonist by mimicking the antagonist RFF triplet (111–113) with agonist fRW residues in the active loop included in the β-hairpin structure of AGRP. The new chimeric peptide ligand Tyr-c[Asp-DPhe-Arg-Trp-Asn-Ala-Phe-Dpr]-Tyr-NH₂ is more than 200-fold selective for the MC4-R than for MC3-R. Incorporating His in the sequence (HfRW) affords a potent nanomolar agonist, which shows similar potency to α-MSH at the mMCI-R, mMC3-R, and mMC5-R but 30-fold more potency at the mMC4-R.⁵⁴ These different trends could be attributed to specificity of the receptor binding site.⁵⁵



4.3. Amylin

Amylin⁴³ (AMY; islet amyloid polypeptide, IAPP; diabetes-associated peptide, DAP; insulinoma amyloid peptide; Accession No. P10997; pdb 1kuw) is a 37-residue peptide (KC₂NTATC₇ATQRLANFLVHSS₂₀NNF₂₃G₂₄AILSS₂₉TNVGSNTY) with one disulfide bond and is closely related to

CGRP and adrenomedullin. It is associated with meal ingestion, potently inhibiting gastric emptying and gastric acid secretion⁵⁶ and selectively inhibiting insulin-stimulated glucose utilization and glycogen deposition in muscle.⁵⁷ It has also been isolated from amyloid deposits of human insulinoma and the pancreas of type II diabetes patients.⁵⁸ Amylin receptors can be reconstituted via expression of a calcitonin receptor (CTR) and receptor-activity-modifying protein 3 (RAMP3).⁵⁹ The selectivity of the receptors within the family depends on which CTR or CRLR is coupled to which RAMP. Much of the research into amylin has focused on its amyloidogenic behavior and not on its normal biological action. However, one study of amylin (20–29) in micelles shows the dominant conformation to be a distorted type I β-turn centered on F23 and G24, **3**.⁶⁰ This region for the CGRP family has been associated with a hinge and is reportedly necessary for binding (see below).⁶¹ A recent study by solid-state NMR spectroscopy has suggested that this peptide has two different domains: in-register antiparallel and parallel strands.⁶² However, molecular dynamics simulations on a trimer of human islet amyloid polypeptide hIAPP(20–29) has revealed out-of register forms, in contrast with the NMR results.⁶³ Other NMR studies focused on the N-terminal region (residues 1–19), which is involved in the interaction of IAPP with membranes, have shown an α-helical conformation.^{64,65} It is believed that aggregates of this conformation in hIAPP might induce a cooperative conversion to beta-sheets fibers.^{66,67} Further NMR studies in a membrane environment have also shown that the N-terminus plays an important role in the self-association of IAPP.⁶⁸



4.4. Apelins

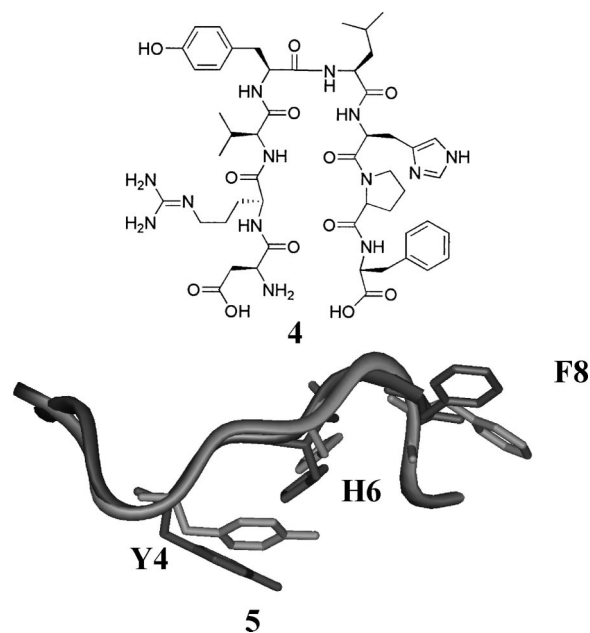
Apelin peptides (Accession No. Q9ULZ1) are endogenous ligands for human APJ receptors (previously orphan receptors),^{69,70} which have some structural similarities with chemokine receptors and 35% sequence identity with angiotensin AT1 receptor. They are derived from the C-terminus of the apelin precursor and range in length from 13 to 36 amino acids (LVQP₄RGSRNGP₁₁GP₁₃WQ-GGRRKFRRQRP₂₆RLSHKGP₃₃MP₃₅F). Apelins are expressed in a wide range of human tissues including heart, brain, and spinal cord and inhibit adenylyl cyclase, elicit positive ionotropic responses, activate extracellular regulated kinases and the MAP kinase cascade, suppress cytokine production from immune cells, regulate cardiac contractility, reduce blood pressure and flow, and a number of cardiovascular functions.^{71,72} APJ has also been shown to be a coreceptor for HIV and SIV, apelin specifically inhibiting cellular entry of HIV-1.⁷³ We are not aware of specific structures for apelins reported to date but note 6 turn-favoring proline residues and 16 helix-favoring residues (Arg, Lys, His, Leu, Gln) in the sequence.⁷⁴ More recently, a structural study of five isoforms of apelin (apelin-12, -13, -17, -36,

and Pyr-apelin-13, where Pyr is pyroglutamate) by NMR and circular dichroism (CD) spectroscopy at physiological and low-temperature conditions has been reported. Although apelin CD spectra suggested a random coil structure, an exhaustive study of NMR solution structures identified type IV β -turns and polyproline-II conformations.⁷⁵ The polypeptide becomes more structured in a membrane environment.⁷⁶ On the basis of the structural analysis, binding to APJ involves two steps and activation mechanisms have been postulated.^{75,76}

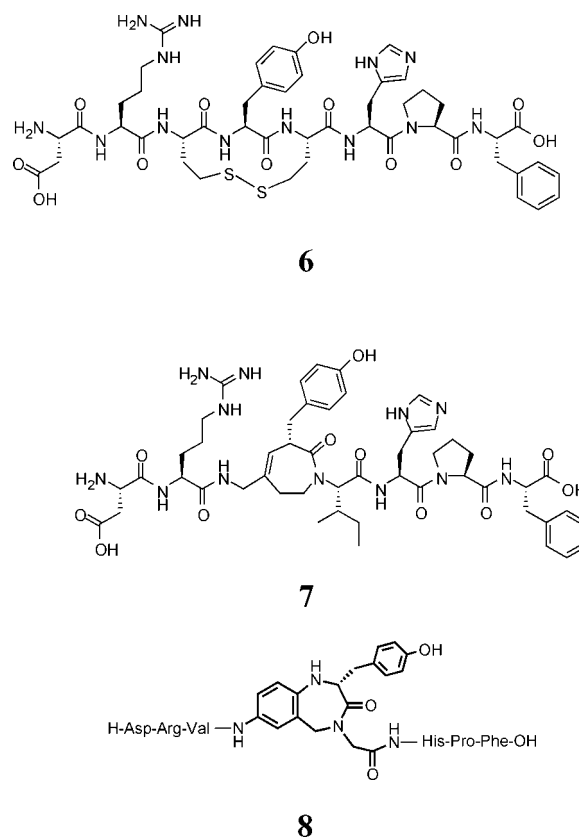
4.5. Angiotensins

Angiotensin I (DRVY₄IH₆PF₈HL, AI) is progressively hydrolyzed to angiotensin II (DRVY₄IH₆PF₈, AII), angiotensin III (RVYIH₆PF, AIII), and angiotensin IV (VYIH₆PF, AIV). Angiotensins (Precursor Accession No. P01019 (human); pdb 1n9u, 1n9v) are intrinsically involved in maintenance of blood pressure via the renin-angiotensin system. They bind to three known receptors (AT1, AT2, AT4).⁷⁷ AT1 subtypes are expressed in liver, kidney, heart, and other organs, while AT2 is mainly expressed in fetal tissues. AT2 subtypes have the characteristics of a GPCR,⁷⁸ but AT4 may not be a GPCR.⁷⁷ Compared with AIII, AII has higher affinity for AT1 but lower affinity for AT2, and AI has even lower affinity for both receptors,⁵⁸ while angiotensin peptides shorter than AIII do not activate AT1 or AT2. Extensive structural studies have been carried out on AII presenting many differing conformations.^{79,80} These studies include the determination of AII bound to a monoclonal antibody in a compact hairpin structure.⁸¹ More recent studies of AII have shown it to be disordered in water, but its backbone adopts a folded hairpin turn in phospholipid micelles, **4**.^{82,83} In addition, other solution NMR studies on the analogue [Val⁵]AII in the presence of 40% trifluoroethanol⁸⁴ or 35% ethanol⁸⁵ have suggested that this peptide exists as a mixture of conformers, including some β -structure. Another study of AI and AII structure in solution suggested two-turn conformations at either terminus for AI and a similar turn at the N-terminus of AII, **5**, indicating that the bioactive conformation is likely a turn.⁷⁹ The bioactive conformation has also been characterized by a charge relay system involving the tyrosine hydroxyl (Y4), histidine imidazole (H6), and phenylalanine carboxylate (F8) with the specific spatial arrangement of the side chains of these three aromatic side chains being important.⁸⁶ Subsequent studies by molecular dynamics simulations have supported the dependence of the different conformations on the hydrophilic nature of the environment.⁸⁷

Cyclic octapeptide analogues of AII that adopt an inverse γ -turn, **6**, have high affinity for rat uterine membranes (IC₅₀ 2.1 nM),⁸⁸ and those with a γ -turn mimetic, **7**, are equipotent with AT1 (IC₅₀ 2.0 nM).⁸⁹ Compound **8** selectively inhibits the AT2 receptor (AT1, K_i > 10 000 nM; AT2, K_i 3.0 nM) and consists of a benzodiazepine-based γ -turn scaffold, supporting the idea that a turn conformation of Angiotensin II may bind the AT2 receptor.⁹⁰ There are currently seven drugs that mimic the action of angiotensins, which are known as Angiotensin II receptor blockers (ARB): losartan, valsartan, telmisartan, irbesartan, candesartan, olmesartan, and eprosartan.⁹¹ Valsartan has recently been analyzed for conformation by NMR spectroscopy and computational studies, which suggest that valsartan exists as *cis* (minor) and *trans* (major) amide conformations in dynamic equilibrium.⁹² Molecular dynamics simulations also suggested the impor-



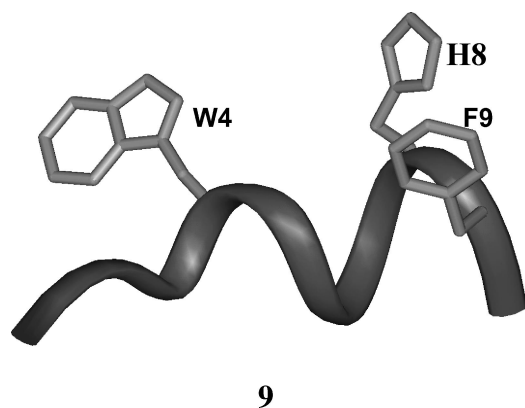
tance of multiple hydrogen bonds between acidic groups of this nonpeptidic ligand and Lys199 in the active site of AT1 receptor, interactions that increase in a membrane environment suggesting that lipid bilayers may play a special role in binding and stabilization of this drug.⁹³



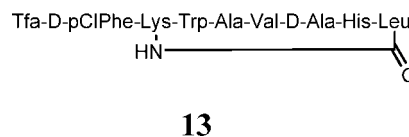
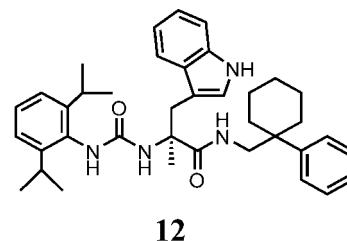
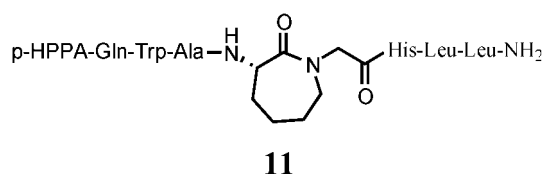
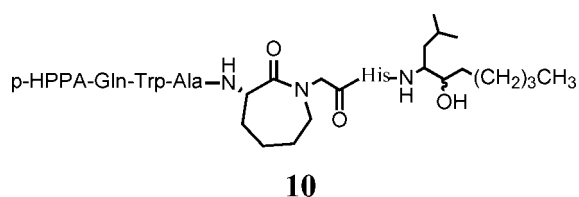
4.6. Bombesin, Neuromedin B, and Gastrin Releasing Peptide

Bombesin (Accession No. 21591 (frog); pEQRLGNQW₈-AVGH₁₂L₁₃M-NH₂) is a tetradecapeptide that increases blood glucose and acts at specific brain nuclei to inhibit food intake. Neuromedin B (Precursor Accession No.

08949 (human); pdb 1c98, 1c9a; GNLW₄ATGH₈F₉M-NH₂) and the gastrin releasing peptide (Accession No. P07492 (human); VPLPAGGGT₁VLTKM-YPRGNHW-AVGHLM-NH₂) are bombesin-like peptides of the central nervous system (CNS) and gastrointestinal (GI) tract implicated in control of food intake, smooth muscle contraction, and thermoregulation. They are also produced in several tumor cell lines. All three hormones bind to bombesin receptors, BB1–4, with different selectivity.⁹⁴ Structure–activity relationships suggest that W8, H12, and L13 residues (W4, H8, F9 in neuromedin B) are important for receptor binding.⁹⁵ NMR studies^{96–98} showed that bombesin is a random coil in water but is α -helical at its C-terminus in aqueous 2,2,2-trifluoroethanol. Helicity is also evident via IR, CD, fluorescence, and molecular dynamics studies for bombesin and neuromedin B.^{98–100} A recent NMR study of neuromedin B in aqueous TFE and sodium dodecyl sulfate (SDS) micelles, **9**, illustrates this helicity.¹⁰¹ Substitution of Val–Gly in the potent agonist (D-Phe)QWAVGHLL-NH₂ with several turn mimetics has led to potent antagonists and agonists with high affinity for GRP/BN receptors (IC₅₀ 1–5 nM).¹⁰²



Substitution of Val–Gly in the potent agonist (D-Phe)QWAVGHLL-NH₂ with several turn mimetics has led to potent antagonists (e.g., **10**, K_i 3.8 nM) and agonists (e.g., **11**, K_i 1.8 nM, EC₅₀ 0.05 nM) with high affinity for GRP/BN receptors.¹⁰² In addition, based on a proposed γ -turn conformation of AcBN(7–14) and essential amino acid side chains (Trp-8, Leu-13, Val-10) in the peptide sequence, a series of nonpeptide antagonists were developed, culminating in compound **12**.¹⁰³ A series of constrained cyclic peptide derivatives have also been described (e.g., **13** IC₅₀ 4 μ M), lending further support to a turn conformation of the ligand being responsible for activating these receptors.¹⁰⁴



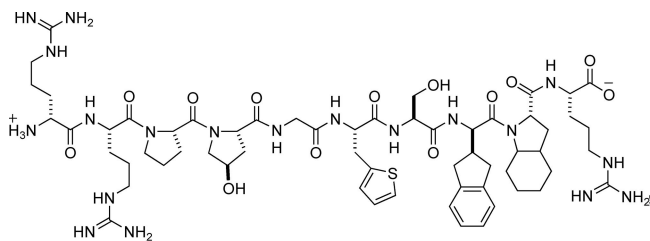
4.7. Bradykinin

Bradykinin (human BK; Precursor Accession No. P01042) is a nine-residue peptide (RP₂PGF₅S₆P₇F₈R₉) released from the plasma precursor kininogen during inflammation and tissue injury. This and related kinins (Lys-BK (kallidin), BK(1–8), and Lys-BK(1–8) with the C-terminal Arg removed) possess a wide range of pharmacological actions. They are important mediators of pain and inflammation and control blood flow. They bind to two main types of receptor, B1 and B2.¹⁰⁵ Conformational analysis of BK in SDS shows a β -turn centering on S6–P–F–R₉,¹⁰⁶ although recent studies of BK derivatives suggest that a type II β -turn at positions 2–5 is important for activity.¹⁰⁷ Structural studies using NMR, molecular modeling, and CD on the BK antagonist B-9340, **14**, (pIC₅₀(B1): 8.1; pIC₅₀(B2): 9.8) show two β -turns, **15**.¹⁰⁸ The solid-state NMR structure of bradykinin bound to the human bradykinin B2 in the presence of DMM (dodecyl maltoside) micelles has been described and reveals a defined β -turn (S₆P₇F₈R₉) structure at the C-terminus with a less ordered N-terminal region in a turn conformation (R₁P₂P₃G₄).¹⁰⁹ Preorganization of the C-terminus in such a structure in the membrane may be important for receptor binding.¹¹⁰ These results are supported by molecular dynamics (MD) simulations.¹¹¹ Numerous bradykinin agonists and antagonists, including many cyclic compounds, reveal the presence of a β -turn from residues 6–9 for agonists and an additional β -turn (type II) from residues 2 to 5 for antagonists.¹¹² Moving the position of this β -turn, or changing it to a γ -turn together with C α –C α cyclized nonaromatic residues in the sequence, led to a decrease in antagonist activity.¹¹³ This information has led to both agonists and antagonists with nonpeptidic structures.^{114–117}

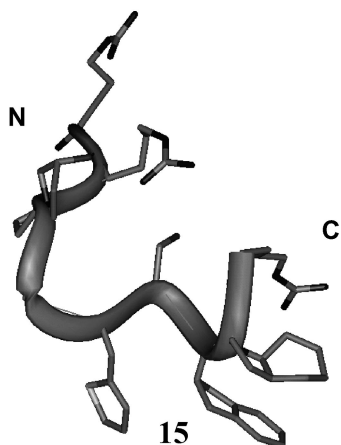
Particular examples which further support the recognition of β -turns at bradykinin receptors include cyclic peptide **16**, a bradykinin receptor antagonist (pA₂ 7.4) that displays type II' β -turn structure in solution,¹¹⁸ and the bis-benzamidine **17**.¹¹⁹ Compound **17** was discovered from a 3D pharmacophore model of the bradykinin binding site, based on conformational data of linear and cyclic bradykinin antagonists, as well as a nonpeptide antagonist discovered from random screening.

4.8. Calcitonin

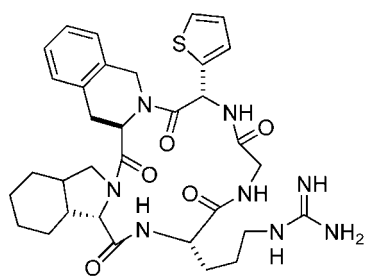
Calcitonin (CT; Accession No. P01258 (human); pdb 1bku, 1byv, 1bzb) is a 32-residue, disulfide-bridged peptide (C₁GNLSTC₇MLGTYTQDFN₁₇KFHT₂₁FPQTAIGVGGAP) produced in the thyroid gland of mammals. It functions as a calcium regulator *in vivo* and recombinant CT (Miacalcin) is in clinical use for the treatment of Paget's bone disease,



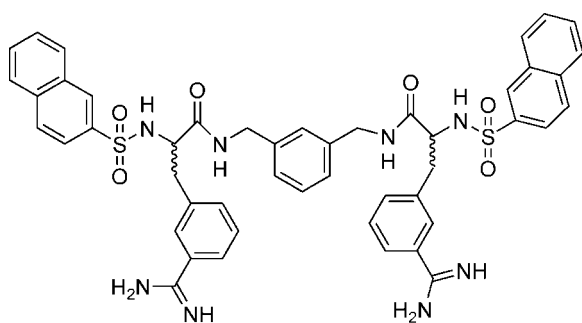
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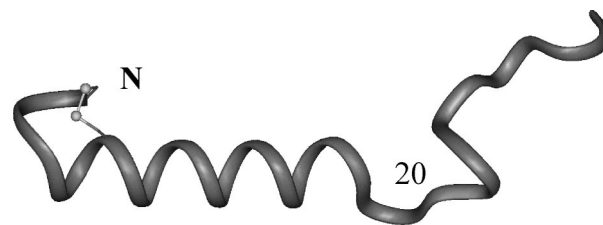
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osteoporosis, and hypercalcemia of malignancy.^{120,121} It forms part of a hormone family with CGRP, amylin, and adrenomedullin. The three-dimensional structures of eel, **18**, salmon, and human CT have all been investigated by NMR techniques that identified an amphipathic α -helix as the common structure.^{122–124} **This amphipathic α -helix is not essential for biological activity, with Leu residues, the specific conformational features of the backbone and side chains of the molecule, also being important.**¹²⁵ The length of the helical region varies as a consequence of sequence and species, extending from residues 6–9 to residues 16–22, followed by a nominally unstructured region. It was shown that the

human CT adopts a type I β -turn, at residues F16–F19, acting as a cap to stabilize the C-terminus of the helix.¹²³ Further studies have identified potent, conformationally constrained calcitonin analogues, **19**,^{39,126,127} in which a β -turn conformation is stabilized by a bridge across residues 17–21 and increases *in vivo* hypocalcaemic potency 5–10 times over that of hCT. **This conformational restriction may prevent formation of stable amyloid protofibrils, usually assigned to the DFKNF fragment (residues 15–19) by a single-layer β -sheet,**¹²⁸ which has been a problem in preclinical studies.



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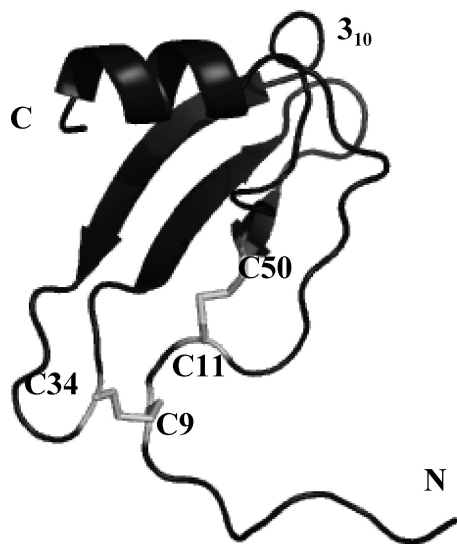


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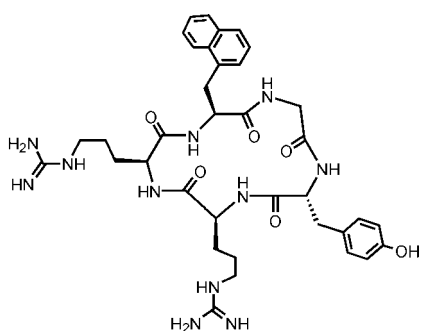
4.9. Calcitonin Gene-Related Peptide

Calcitonin gene-related peptide (CGRP I, P06881; CGRP II, P10092) is a neuropeptide with vasodilatory activity and is expressed from the gene coding for calcitonin.¹²⁰ There are two peptides, AC₂DTATC₇V₈THRLAGLLSR₁₈SGG-V₂₂VKNNF₂₇VPTNVGSKAF-NH₂ (I) and AC₂NTATC₇V₈THRLAG-LLSR₁₈SGGM₂₂VKSNF₂₇VPTNVGSKAF-NH₂ (II), both with one disulfide bridge. They share the disulfide bonded cyclic constraint at their N-termini and possess an amphipathic α -helix and a C-terminal amide.⁶¹ CGRP interacts with a heterodimeric receptor consisting of a calcitonin receptor-like receptor (CRLR) and a single-pass transmembrane protein, receptor-activity-modifying protein 1 (RAMP1). The truncated CGRP(8–37) is an antagonist to the CGRP receptor (K_i 3 nM),¹²⁹ indicating the importance of this cycle for activation. **Further modifications to the N-terminus of h- α -CGRP(8–37) analogues, capped with a benzoyl group substituted at the *para* position by bis-(2-chloroethyl)amino and fluorosulphonyl groups and a benzylated imidazole side chain at the C4 in His (16,17), have resulted in the first irreversible (noncompetitive) antagonist.**¹³⁰ In addition, the replacement of multiple residues or the presence of nonproteogenic amino acids in the sequence led to design of Ac-Trp[Cit11,18,hArg₂₄,Lys₂₅,2-Nal_{27,37},Asp₃₁,Oic_{29,34},Phe₃₅]CGRP(8–37)-NH₂, **a new, potent, selective agonist with over 100-fold more metabolic stability than CGRP(8–37).**¹³¹ A recent review summarized CGRP, its receptors, and structural evidence for an α -helix between residues V8 and R18, a β - or γ -turn from S19 to V22, followed by a largely unstructured region (Figure 3).⁶¹

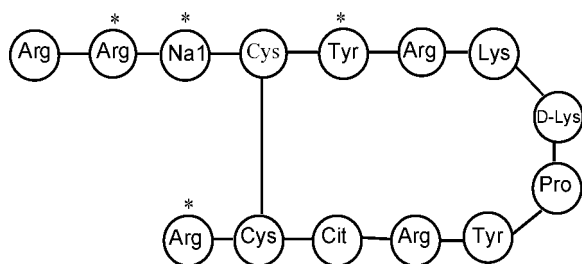
Affinity and structural data have also been reported for truncated CGRP(27–37), which is thought to be important for receptor binding. By systematically modifying the decapeptide FVPTNVGSEAF-NH₂ (IC_{50} 3 μ M), it was possible to obtain antagonists **20** (K_i 36.5 nM) and **21** (K_i 6.56 nM) with similar receptor affinity as human α -CGRP(8–37) (K_i 3.5 nM). ¹H NMR structural analysis of these two peptides



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4.12. Cholecystokinin and Gastrin

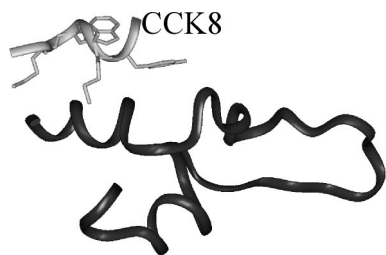
Cholecystokinin (CCK; Precursor Accession No. P06307 (human); pdb 1d6g) was originally described as a 33-residue peptide but is now known to exist in a variety of bioactive forms such as CCK-22, CCK-33, CCK-39, CCK-58, sulfated and unsulfated CCK-8 [DY(SO₃H)MGW₅MDF₈-NH₂], and CCK-4, CCK-5, CCK-7, all derived from a 115-residue precursor (prepro-CCK). Gastrin [pEGPWLEEEEEAY-(SO₃H)GWMDf-NH₂; Precursor Accession No. P01350 (human)] closely resembles CCK, sharing the same C-terminal pentapeptide, the bioactive section, but differs in the position of sulfation. Physiological functions of these peptides include stimulation of pancreatic enzyme secretion and gall bladder contraction, delay of gastric emptying, and satiety.¹⁵¹ CCK is currently used as a diagnostic for gall bladder and pancreatic disorders. There are two GPCRs for

CCK-peptides, CCK1-R (“alimentary” or CCKA) and CCK2-R (“brain” or CCKB), the receptor for gastrin.

Numerous structural studies have been carried out on CCK, particularly CCK-8,^{152–154} which has β - and γ -turns centered on GWMD and MDF-NH₂, respectively. The NMR-derived solution structure of the C-terminal octapeptide of CCK8 in complex with the N-terminal portion of the CCKA receptor (1–47), **27**, shows the helix-like conformation of CCK-8, **28**, binding to this portion of the receptor.¹⁵⁵ A comparison between CCK-8 and CCK-58 showed that the longer peptide had a different conformation in the C-terminal eight residues, which may explain their differences in receptor binding and activation.¹⁵⁶ A recent study showed CCK-15 to adopt a similar helical conformation to CCK-8 in aqueous SDS solvent.¹⁵⁷ As for CCK-8 sulfated tyrosine and the well-known agonist JMV-180 analogues, computer models have shown that they bound in a helical conformation to CCK1-R receptor.¹⁵⁸ In contrast, other models on CCK-8 sulfated tyrosine including norleucine at 3 and 6 positions have shown a β -turn around Nle3 and Gly4.¹⁵⁹ Solution NMR structures in a membrane environment for these analogues are consistent with a type I β -turn at residues 3 and 4.¹⁶⁰ Further, NMR structures in a micellar environment of [Nle15] gastrin-17, gastrin-4, and [β -Ala1] gastrin-5 analogues have revealed type IV β - and γ -turns at the C-terminus. The longer sequence showed two short helices, one ending in a type I β -turn.¹⁶¹ The presence of the last turn correlated with activation of CCK2 receptor.¹⁶² A large number of β -turn-mimicking cyclic peptides and peptidomimetics based on CCK-8 and CCK-4 have shown high affinity and efficacy at CCK1-R and CCK2-R receptors, some with high receptor selectivity. Examples are cyclic analogue **29**, a turn-mimicking agonist at CCKB (IC₅₀ 1.3 nM; 10,000-fold selectivity),¹⁶³ **30**, which has a type II' β -turn constraint (CCK1, IC₅₀ 4.7 nM; CCK2, IC₅₀ >10000 nM),¹⁶⁴ and **31**, which is an α -methyl tryptophan derivative of tetrapeptide CCK-4 (CCK1, IC₅₀ 4300 nM; CCK2, IC₅₀ 1.7 nM).¹⁶⁵ An NMR structure in a dodecylphosphocholine (DPC) micelle aqueous solution of cyclo-(29,34)[Dpr29,Lys34]-CCK8, a cyclic peptide based on the NMR structure of the bimolecular complex of CCK8 with CCKA-R(1–47) receptor,¹⁵⁵ has confirmed the presence of a turn motif at W30-M31.¹⁶⁶

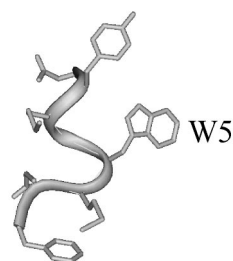
4.13. Chorionic Gonadotropin

Chorionic gonadotropin¹⁶⁷ (hCG; Accession No. P01233, Q8WXL1; pdb 1hcn, 1hrp, 1qfw, 1xul; α subunit pdb 1dz7, 1e9j, 1hd4) is a member of the family of glycoprotein hormones associated with human fertility, which also includes FSH, LH, and TSH. hCG is a placental hormone, and one of its primary functions is to stimulate the production of progesterone until the placenta can produce hCG itself.¹⁶⁸ Recombinant hCG is currently available clinically for use in fertility, replacing human urinary preparations of hCG (under Chorex and Novarel).¹⁶⁹ The presence of hCG in urine has also been utilized in pregnancy testing as it is the first practical indicator of fertilized ovum implantation. hCG, **32**, is a heterodimeric protein with an α subunit of 92 residues (gray) conserved within the family and a β subunit of 145 residues (black).¹⁷⁰ The overall structure of hCG is a cysteine knot motif at a core of extended hairpin loops¹⁷¹ and is highly conserved within this cysteine-knot growth factor family.¹⁷² C-terminal residues 88–92 of the α subunit and residues 94–114 of the β subunit (boxed) are deemed important for receptor binding. hCG binds to the LH/CG receptor, which

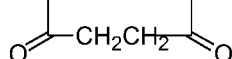


N-terminal of CCKA receptor

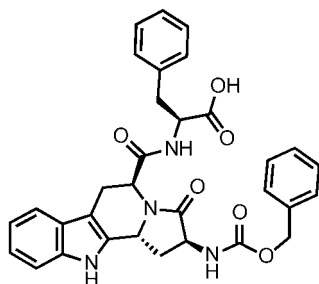
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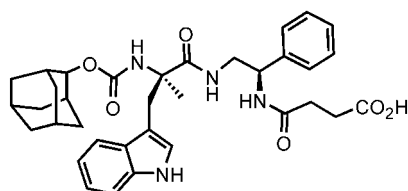
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Ac-Tyr(SO₃H)-Lys-Gly-Trp-Lys-Asp-Phe-NH₂

29



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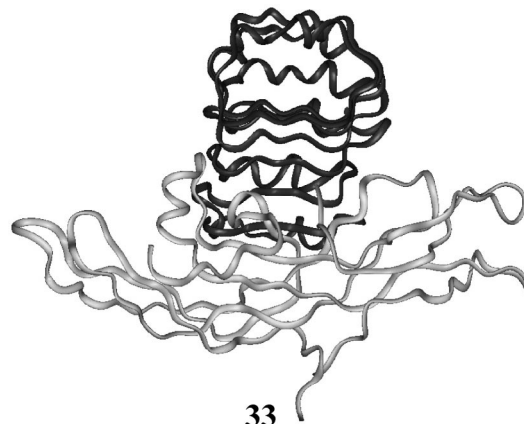


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possesses a large N-terminal leucine-rich repeat domain, the structure of which has been modeled bound to hCG, **33** (dark).¹⁷³ Residues 74–77 of the β subunit have been related to the conformational freedom of this subunit with consequences in receptor-mediated hCG α -hCG β heterodimer signal transduction activation.¹⁷⁴ Recently, modeling studies of a thieno[2,3-*d*]pyrimidine (Org 41841, EC₅₀ 300 nM), a partial agonist for the LH/CG receptor, have suggested that a H-bond between this ligand and a glutamate residue in TM3 of the receptor may be important.¹⁷⁵



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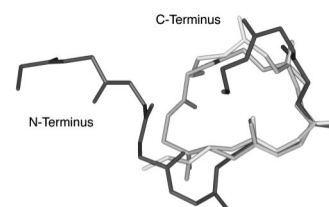
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4.14. Complement Factor C5a

C5a (C5a anaphylatoxin; Precursor Accession No. P01031) is a chemoattractant pro-inflammatory hormone with 74 amino acids arranged in a helix bundle, **34**.¹⁷⁶ It interacts with at least two GPCRs (CD88 and C5L2) on human monocytes and mast cells through high affinity N-terminal helical and low affinity C-terminal loop regions.^{177,178}



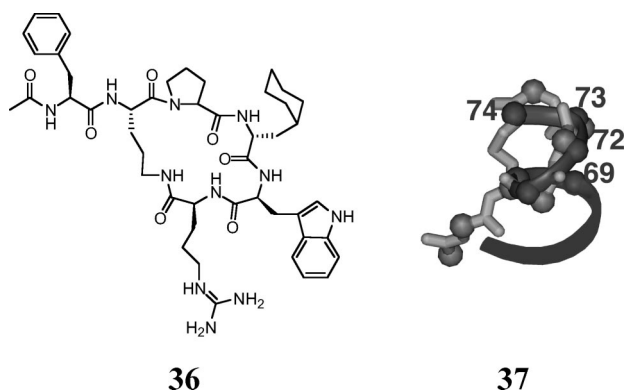
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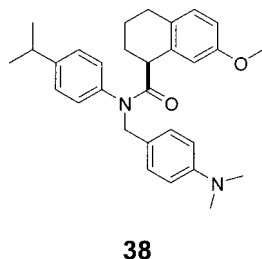
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Recent modeling studies and disulfide trapping by random mutagenesis have confirmed the two interaction sites between C5a and its specific receptor C5aR,¹⁷⁹ suggesting two different ways of binding¹⁸⁰ with both N- and C-termini of C5a and C5aR mutually involved in an induced fit.¹⁷⁹ Short peptides derived from the C-terminal loop (ISHKDMQLGR) are alone capable of activating the receptor. Superimposition of NMR structures, **35**, for a C-terminal decapeptide analogue of C5a (dark) and acyclic/cyclic hexapeptide antagonists¹⁸¹ (light) reveals a common turn motif. A consensus turn mimetic **36** (restrained by an 18 membered ring, 5 *trans*-amide bonds, Pro, D-cyclohexylalanine, and 2 transannular H-bonds) was designed to reproduce this turn motif and structural mimicry (**37** = **36** on bolded **34**) led to potent antagonism (IC₅₀ 20 nM) of C5a receptors on human monocytes and neutrophils.^{181–183} Further solution NMR studies of **36** have also revealed a distorted type II' β -turn between Pro, D-cyclohexylalanine, Trp, and Arg residues

(BMRB Accession Number 15433).¹⁸⁴ Compound **36** (known as 3D53) is an orally active anti-inflammatory drug at ≤ 1 mg/kg/day in rats.^{181,185–187}

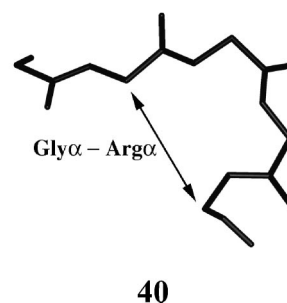
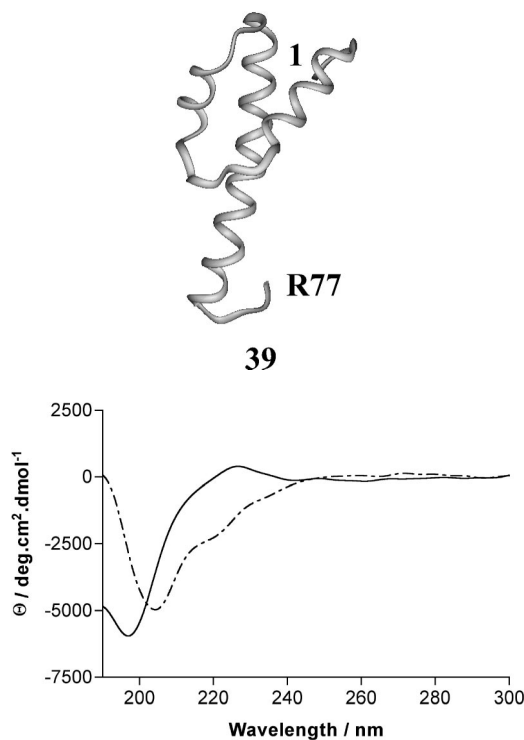


A number of orally active nonpeptidic antagonists of human C5a antagonists have since been made, including **38**, which is reportedly 7 times more potent than **36** against neutrophils.¹⁸⁸ Other nonpeptidic antagonist ligands based on cyclohexyl and phenethylamine groups have recently been developed with high potency in the nM range.¹⁸⁹ However, all of these nonpeptide antagonists are competitive and, thus, become impotent as the concentration of competing C5a is elevated; this is in stark contrast to the insurmountable antagonist **36**.¹⁷⁷



4.15. Complement Factor C3a

There are significant differences between the *in vivo* pro-inflammatory properties of C5a and the anaphylatoxin C3a (C3a anaphylatoxin, Precursor Accession No. P01024),^{190,191} its crystal structure showing a 77-residue helix bundle, **39**.¹⁹² However, activity is similarly localized in its 10-residue C-terminal loop (ARASHLGLAR₇₇). Genetic deletion of the C3a receptor, 5% as prevalent on human neutrophils as C5a receptors, protects against changes in lung physiology after allergen challenge,^{193,194} and human asthmatics develop significant levels of C3a.^{195,196} C3a reportedly stimulates or inhibits release of TNF α , IL1 β , or IL-6 from immune cells depending on conditions, and there is some evidence that C3a and C5a antagonize one another even though they selectively act on different GPCRs. CD (below, dashed line) and NMR studies (**40**) reveal that the 15-residue peptide WWGKKYRASKLGLAR, a C3a superagonist,¹⁹⁷ has a C-terminal turn conformation in aqueous 0.1 M SDS solvent (Beyer, Stoermer, Fairlie. Unpublished work). Recently, new nonpeptidic ligands based on a turn mimetic introduced a furan ring and were promising agonists (pEC₅₀ 7.7) or antagonists (pIC₅₀ 7.2) of C3aR¹⁹⁸ albeit with poor oral bioavailability. New compounds with an amino-piperidine as an arginine mimetic have interesting agonist potencies (pEC₅₀ 5.7–6.7).¹⁹⁹

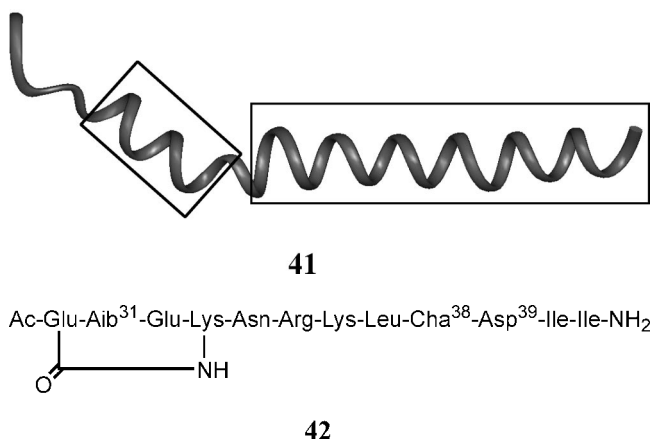


4.16. Corticotropin Releasing Factor

Corticotropin releasing factor (corticoliberin, CRF; corticotropin releasing hormone, CRH; Accession No. P06850; pdb 1go9, 1goe) is a 41 amino acid peptide (SEEP₅-ISL₈DLTFHLLR₁₆EVLE₂₀MARAEQLAQQAHNSRKLMEI-NH₂) and a member of a larger family of related peptides that includes the urotensins, urocortins, and sauvagine. CRF is associated with stress responses and acts via the CRH receptors (CRH1 (K_i 3.3 nM), CRH2 α , CRH2 β , CRH2 γ as well as CRF-binding protein, not a GPCR).²⁰⁰ Residues 1–4 are not required for binding. Residues 5–8 are important for activation, and residues 12–41 are mostly responsible for binding (boxed regions below). The smallest peptide with corresponding CRH activity is CRH(5–41), indicating that the entire C-terminus is required for activity. Numerous studies have indicated an amphipathic α -helical structure for the peptide and for constrained peptide derivatives.²⁰¹ In particular the solution structure of human CRF shows a well-defined α -helix between residues 6–36.²⁰²

Interestingly, the peptide antagonist CRH(9–41) is often referred to as α -helical, and studies as early as 1983 indicated that the bioactive conformation is α -helical.²⁰³ The structure of a human CRF analogue, [D-Phe₁₂, Aib₁₅]-CRF, **41**, illustrates the helical nature of this peptide with two main α -helical portions from I6 to R16 and from E20 to I40 (boxed) separated by a kink.²⁰⁴ Numerous researchers have developed lactam-bridged

N-terminally truncated antagonists to stabilize this helical conformation, the smallest being a 12-residue lactam bridged peptide **42**, which displays potent affinity at the CRF receptor (K_i 5.5 nM) and is active *in vivo* due to stability imparted by the α -aminobutyric acid residue at position 31.^{205,206} The NMR structure of the extracellular domain 1 (ECD1) of CRF-R2 β in complex with astressin, a peptide antagonist similarly constrained with a lactam bridge, has confirmed that this ligand binds to the ECD1 in an α -helical conformation.²⁰⁷ See also Urocortins.

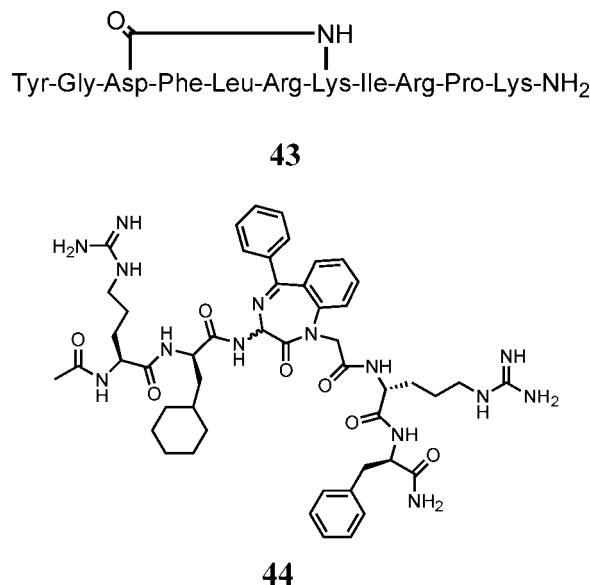


4.17. Dynorphin A

Dynorphin A²⁰⁸ (Accession No. P01213) is the 17-residue (YGG₃FLRRIR₉PKLKW₁₄DNQ₁₇) κ -opioid receptor agonist (KOR, OP2) derived from pro-dynorphin, and ligands for this receptor may have analgesic properties like morphine without side effects. Opioid peptide hormones are characterized by an N-terminal message sequence YGGF followed by an address sequence. Among conflicting NMR studies on Dynorphin A (1–7), an α -helical conformation has been identified between G3–R9 with a β -turn from W14 to Q17 in a micelle environment.²⁰⁹ The α -helical conformation has also been confirmed for the N-terminal region in lipid bilayers, which is inserted with an orientation tilt angle of 21°.^{210,211} Other studies have also suggested that dynorphin A is prone to form aggregates rich in α -helix in a membrane environment. This trend might correlate with its neurotoxic effects and Alzheimer's disease.²¹² A cyclic dynorphin A analogue (cyclo-(5,11)-[YGGFC₃RRIRPC₁₁-NH₂]) showed similar potency and selectivity as the native form for the κ -opioid receptor.²¹³ Molecular dynamics calculations supported cis–trans isomerization about the R9–P10 amide bond and β -turn structures around R7–P10 and C5 and R8 for the cis and trans isomers, respectively, although others²¹⁴ suggest an R7–K13 loop centered on P10. There is a consensus that truncated peptide 1–11 is sufficient to produce activity.

Structure–activity data for many constrained analogues of Dynorphin A²¹⁵ tend to suggest an α -helical structure of the message sequence (YGGF), while an address sequence is required for activation of the KOR receptor. This is supported by **43**, which is a potent and selective cyclic [*i*, *i*+4] lactam analogue of Dyn A (KOR, IC₅₀ 25 nM; MOR, IC₅₀ 740 nM; DOR, IC₅₀ 1710 nM),²¹⁶ lactam constraints being well-known to induce α -helicity in peptides. Further evidence is provided by **44**, discovered by screening synthetic combinatorial libraries incorporating β -turn inducing constraints in short peptide sequences, which is selective for

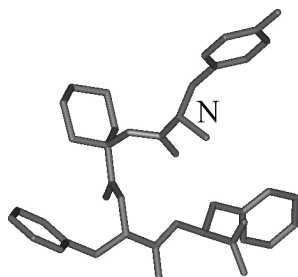
KOR (KOR, K_i 60 nM; MOR, K_i 2700 nM; DOR, K_i 6700 nM).²¹⁷ Receptor chimeras have also been used to develop new nonpeptide small molecules with high affinity for KOR (KOR K_i 0.31 nM; K_i MOR 14 nM; K_i DOR 5.4 nM; Chimera K_i 1.2 nM).²¹⁸



4.18. Endomorphin

Endomorphins 1 (YPWF-NH₂) and 2 (YPFF-NH₂) (CCSD: LENKPH11) are highly selective endogenous μ -opioid receptor (MOR) agonist peptides (K_i 0.36 nM and 0.69 nM, respectively) with at least 4000-fold selectivity over other opioid receptors.^{219,220} Originally isolated from mammalian brain cortex,²²¹ these two peptides are associated with regulation of gastrointestinal motility, manifestation of antinociception, and effects on vascular systems and memory.²¹⁹ The structures for endomorphins and analogues^{222–225} indicate a mixture of conformations ranging from a β -turn **45**, similar to Leu-Enkephalin,²²² an extended conformation for *trans*-Endomorphin1, and a turn conformation for the *cis* isomer about the Tyr-Pro amide bond.^{223–225} Evidence in support of a β -turn as the biologically active conformation comes from **46**, which possesses a β -turn mimicking scaffold and has nanomolar affinity as an agonist for MOR, and from constrained peptides **47** and **48**. These are derivatives of morphiceptin (H-Tyr-Pro-Phe-Pro-NH₂), a specific agonist of MOR (IC₅₀ 550 nM). Substitution of Phe by a D-amino acid increases potency 5-fold (**47**, IC₅₀ 109 nM)²²⁶ while the thiazolidine constraint in **48** strongly suggests that a *cis*-conformation of the Tyr-pro amide bond is required for receptor activation.²²⁷ Introduction of Pro mimetics by using alicyclic β -amino acids *cis*-(1*S*,2*R*)-ACPC/ACHC²²⁸ has led to new agonist analogues with nanomolar potency and conserving a β -turn.²²⁹ On the other hand, further studies based on NMR, molecular docking, and molecular dynamic simulations have shown that Endomorphin 2 binds to the MOR in a *trans*-conformation Tyr-Pro or Tyr-Phe3 that is inconsistent with a turn motif.^{230,231} A *trans*-conformation has been confirmed for agonist analogues with a β -turn backbone constraining benzazepinone ring.²³² In addition, it has been reported that the flexibility of aromatic side

chains exerts some influence on folded Endomorphin 2 structures.²³³

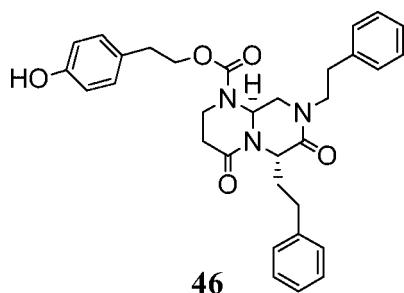


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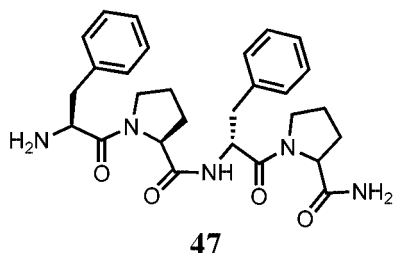
4.19. β -Endorphin

β -Endorphin (β -lipotropin C-fragment, Accession No. P01189) is a natural, 31 amino acid, opioid peptide (YGGF₄MTSEKSQTP₁₃LVTFLFKNAIIKNAY₂₇KKGE).^{208,220} It is derived from the C-terminal fragment (237–267) of pro-opiomelanocortin (POMC) and is the largest natural opioid hormone.

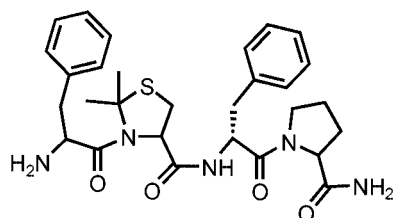
It contains the classical message domain sequence (YGGF or FGGF) characteristic of opioid peptides followed by the address domain. β -Endorphin has been suggested to interact with μ , δ , and κ receptors (MOR, DOR, KOR) with minimal selectivity. More recent studies discuss its interaction with a putative ϵ -opioid receptor.^{220,234} The NMR structure of β -endorphin, **49**, shows a strong tendency to form an α -helical structure in the address domain (P13 to Y27, boxed) while the N- and C-terminal domains exist in a random coil conformation.²³⁴ (The coordinates of β -endorphin were kindly provided by Dr. Teodorico Tancredi.²³⁴)



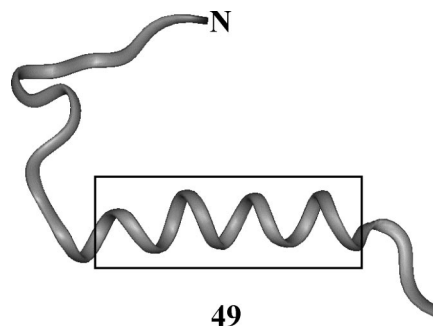
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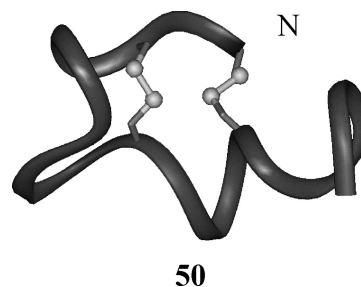
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4.20. Endothelins

Endothelins (ET-1, Precursor Accession No. P05305 (human), pdb 1edn, 1edp, 1v6r; ET-2, Precursor Accession No. P20800 (human); ET-3 (Precursor Accession No. P14138 (human); and others, pdb 1srb, 3cmh, 6cmh) are 21-residue peptides cross-linked by two disulfide bonds. They interact with two known receptors, ETA and ETB. ET-1 and ET-2 show higher affinity for ETA than ET-3, while all three have similar affinity for ETB. A third receptor ETC, reported to be ET-3 specific, has been cloned but no mammalian homologue has yet been identified. Endothelin antagonists show utility in congestive heart failure, stroke, kidney failure, asthma, pain, and cancer.²³⁵ Bosentan (Tracleer) is used clinically to treat pulmonary arterial hypertension, and several other antagonists are in clinical trials.^{235,236} X-ray structures (**50**)²³⁷ and NMR structures,^{238,239} as well as structure–activation relationships,²⁴⁰ have shown that ET-1 [C₁SC₃-SSLMDKE₁₀C₁₁VYF₁₄C₁₅HLD₁₈IIW₂₁] adopts a helical structure with all key residues (E10, F14, D18, W21) on the same helical surface.²⁴¹ Modeling studies support interactions between those residues and ETA.²⁴² NMR studies show that ET-2 [C₁SC₃SSWLDK₉EC₁₁VYFC₁₅HL₁₇DIIW] and ET-3 [C₁TC₃FTYKDK₉EC₁₁VYYC₁₅HLDIIW] adopt helical structure between residues 9–17 and 9–15, respectively, similar to ET-1.^{243,244}

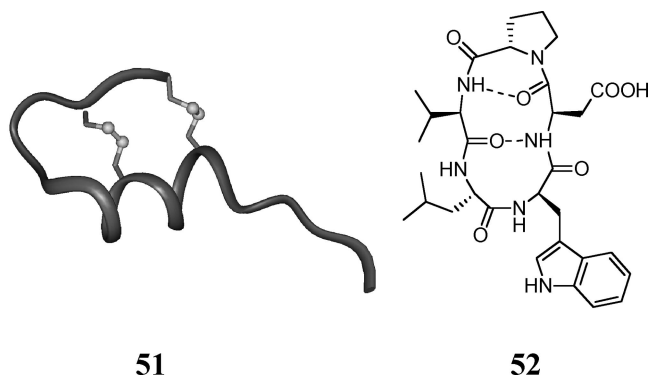


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In addition to the endogenous endothelin hormones, several snake venom toxins, called sarafotoxins, have been identified with similar helical structures as the human endothelins (e.g., SRTb, **51**).²⁴⁵ Furthermore, cyclic molecules such as BQ123 (IC₅₀ 22 nM), **52**, are potent endothelin antagonists that appear to mimic the turn structure of the endothelins.²⁴⁶

4.21. [Met]-Enkephalin and [Leu]-Enkephalin

[Met]-Enkephalin and [Leu]-enkephalin (YGGFM/L, respectively; Accession No. P01210; CCD Code: BIXNIF10, FABJIB, GEWWAG, LENKPH11) are natural δ -opioid receptor (DOR) agonists with morphine-like activity. They also bind to the μ receptors, but with lower affinity. Opioid peptide hormones are characterized by the initial N-terminal message sequence of YGGF followed by the address

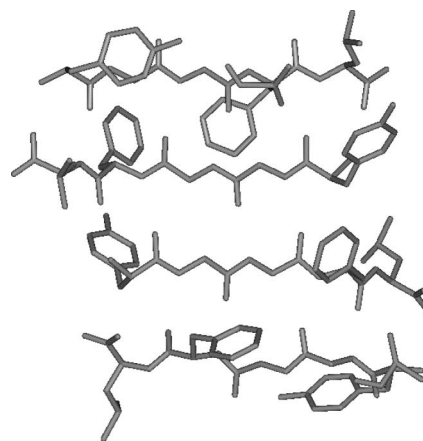
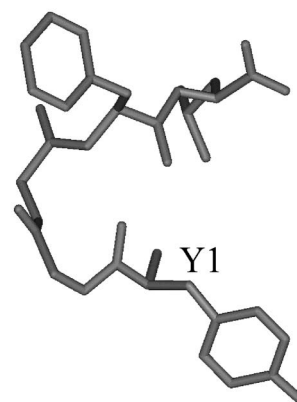
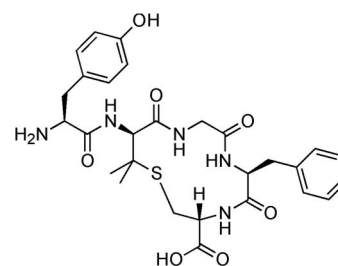


sequence, in this case simply M5 or L5. The presence of two contiguous glycine residues confers flexibility to the linear peptide. Indeed X-ray structures have shown [Leu]-Enkephalin to adopt a β -sheet conformation **53**,^{247,248} as well as a β -turn, **54**.^{249,250} In fact various types of β -turns (types I, I', II', and III) have been identified by many structural studies.^{251–255} It is generally accepted that the biologically active conformation of enkephalins is the β -turn, supported by structural evidence of cyclic enkephalin analogues possessing opioid activity, e.g., **55** (K_i 0.79 nM).^{256–258} However, some recent studies on different model membranes have shown that enkephalins can adopt different conformations in membranes.^{259–261}

4.22. Follicle-Stimulating Hormone

Follicle-stimulating hormone^{167,262} (FSH; follitropin; 111-residue protein; Accession No. P01225; pdb 1fl7) is a pituitary hormone and a member of the family of glycoprotein hormones associated with human fertility. These hormones are heterodimeric, each consisting of a common α subunit (92 residues) and a unique β subunit. FSH facilitates ovarian folliculogenesis and is essential for Sertoli cell proliferation and maintenance of sperm quality in the testis. Currently, recombinant FSH is used clinically in ovarian stimulation (under the names Puregon and Gonal F).²⁶³ FSH binds to the FSH receptor, which contains a long N-terminal region, consisting of a Leucine-rich repeat region (residue 54–254) responsible for recognition and binding (see hCG).¹⁶⁷ The glycoprotein hormones are structurally unique, compared with other peptide hormones. Residues required for receptor binding have been identified, but those required for activation have not been fully identified. The structure of FSH, **56**, and other glycoproteins is similar to that of cysteine-knot growth factors.²⁶² Residues of known importance for hFSH receptor binding are K51, S85, T86, Y88, and Y89 at the C-terminus of the alpha unit, and D93 toward the C-terminus of the β unit, all of which are located on the concave surface of the molecule (**57**, boxed). The structure of human FSH bound to the extracellular binding domain (ECD) of its receptor, released just prior to this publication, highlights key interactions between hormone and receptor (1xwd).²⁶⁴

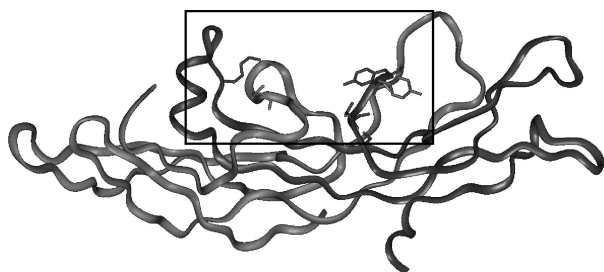
This crystal structure constitutes a new starting point for ligand design. The amphipathic α -helices (residues between 15–31 and 216–235) on the ECD of hFSH receptor have been investigated for their influences on intracellular signal generation, while the β -strands (region from 285–300 and 297–310 residues) have been implicated in binding interactions.²⁶⁵ A short sequence of residues from 20 to 30 of hFSH receptor has recently been reported to act as an antagonist.²⁶⁶

**53****54****55**

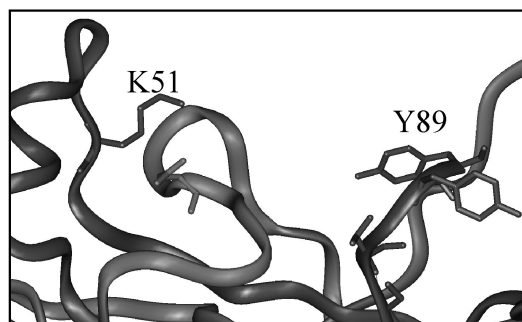
Three charged residues, E22, D26, and R29, are essential for antagonist activity.²⁶⁷ In addition, FSH-binding inhibitors have been investigated. The octapeptide AESNEDGY²⁶⁸ and its truncated D6A, FRBI-8,²⁶⁹ with a turn in their structures, act as inhibitors by binding to FSH/ β L2–FSHR_{HB} binding interface, which is essential for activation and signal transduction.²⁶⁹

4.23. N-Formyl Peptides

N-Formyl peptides are short (3–4 residues) N-terminal formylated peptides, expressed by bacteria and humans. They are chemoattractants for neutrophils and macrophages, binding to a family of GPCR receptors that includes the formyl-peptide receptor (FPR) (IC_{50} 0.1–1 nM) and its variants FPRL1 (FPR-like 1) (IC_{50} 1 μ M) and FPRL2.²⁷⁰ The best known and most studied N-formyl peptide is N-formyl-



56



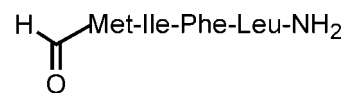
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methionine-leucyl-phenylalanine (fMLF). Crystallographic studies on fMLF bound to an immunoglobulin light chain dimer (Bence-Jones protein) suggested that the peptide adopts a conformation resembling a wedge-shaped cavity, its formyl group forming a hydrogen bond with the phenolic hydroxyl group of a tyrosine at the base of the cavity.²⁷¹ NMR studies of fMLF and analogues in solution suggest an extended β -sheet-like structure at position 2.^{272,273} An extended conformation²⁷⁴ or folded structures with γ -turns²⁷⁵ are important in antagonist analogues that include a β -amino acid in the sequence.²⁷⁶ Recently a nonformyl peptide and full antagonist for hFPR, Phe-D-Leu-Phe-D-Leu-Phe, was reported to have a β -turn conformation.²⁷⁷ In contrast, analogues of fMLF-OMe that act as antagonists and incorporate proline-methionine chimeras at the N-terminus adopt two consecutive γ -turns centered at the first two residues in CDCl₃.²⁷⁸

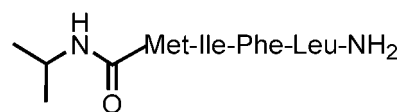
Conformational studies on a series of peptide agonists suggest that a β -turn conformation might activate these receptors. Tetrapeptide **58** (K_i 2.8 nM) is a very active agonist that forms a highly ordered β -turn in TFE and 1:1 TFE/water. In contrast tetrapeptide **59** (K_i = 2500 nM) has a weakly ordered solution structure and exhibits weak agonism.²⁷⁹ More recently, a potent nonpeptidic inhibitor of fMLF-OMe (IC_{50} 0.19 nM) incorporating urea and pyrazole groups has been reported.²⁸⁰ Other nonformyl ligands have been found to bind to FPR-like domains from HIV-1 envelope protein, such as the HIV-1 inhibitory peptide TP20/DP178 (IC_{50} 0.5 μ M (FPR)) and TP21/DP07 (IC_{50} 0.1 μ M (FPR), IC_{50} 50 nM (FPRL1)).²⁸¹ Although there is not much structural information available for those HIV-1 inhibitory peptides, it was reported that enhancement of α -helicity lead to increased affinity for human mAb 2F5.²⁸²

4.24. Galanin and Galanin-like Peptide

Galanin (Precursor Accession No. P22466 (human)) is a 30-residue neuro-endocrine peptide hormone (G₁WTLN₅S-A₇GYL₁₀LGPHAVGNHRFSFD₂₄KNG₂₇LTS) with several physiological functions, the control of pain thresholds,



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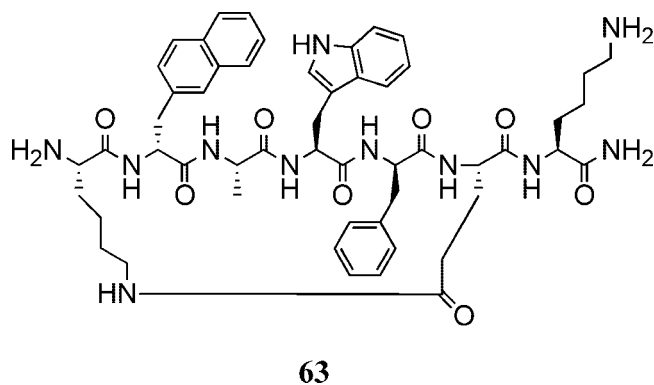
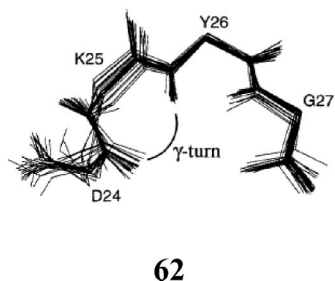
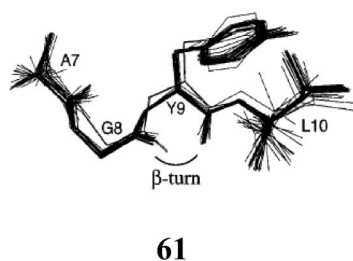
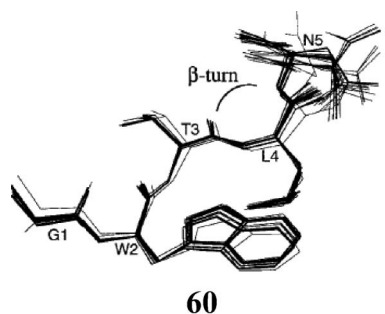
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appetite and physiological effects of insulin, acetylcholine, somatostatin, and others.²⁸³ Three galanin receptor subtypes have been cloned (GalR1, R2, R3).²⁸⁴ Galanin-like peptide (GALP; Accession No. Q9UBC7 (human)) is a related 60-residue endogenous ligand (APAHRGRGGWTLNSAGYLL-GPVLHLPQMGDQDGKRETALEILDWKAIDGLPYSH-PPQPS), a neuropeptidic hormone isolated from porcine hypothalamus.²⁸⁵ A recent NMR study of galanin in SDS showed β -turns at positions 1–5 and 7–10, **60** and **61**, and an inverse γ -turn at residues 24–27, **62**.²⁸⁶ (Structures **60**–**62** are reprinted with permission from ref 199. Copyright 1998 American Chemical Society.) These findings differ from earlier studies that suggested an α -helix in TFE²⁸⁷ and a nascent helix in water.²⁸⁸ Prediction methods have also suggested the presence of two helical regions in GALP overlapping the nascent helical structure.²⁸⁹ However both studies present dominant turn conformations. Recently, galanin analogues have been described as new antiepileptic drugs with fatty acids in their structures.²⁹⁰ Structural studies have indicated a minimal helical conformation that may be stabilized by the presence of lipoamino acids or MPEG₄,²⁹¹ which also improves anticonvulsant activity.²⁹²

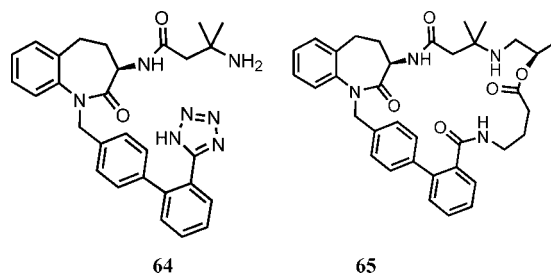
4.25. Ghrelin

Ghrelin²⁹³ (GHRL; growth hormone secretagogue, GHS; growth hormone releasing peptide; motilin-related peptide; Accession No. Q9UBU3) was recently identified as the endogenous 28-residue peptide (GSS*FLSPEHQRVQQRK-ESKKPPAKLQPR, S* *n*-octanoylated Ser3), which binds to the orphan growth hormone secretagogue receptor (GHS-R).²⁹⁴ GHS-R is known to bind other artificial growth hormone secretagogues such as GHRP-6 and hexarelin.²⁹⁵ Ghrelin is involved in the release of growth hormone (GH) from pituitary somatotrophs independently of GHRH and has been implicated in the regulation of food intake. It is present in oxyntic mucosa of the stomach and in other areas including the kidney, pituitary, small intestine, pancreas, and brain, and in especially high concentrations in human plasma.^{294,295} Ghrelin exhibits vasodilator activity in human vascular tissue, reverses endothelin-induced contractions, reduces arterial blood pressure and dilates blood vessels, and exerts a number of other beneficial cardiovascular properties that may be related to growth hormone-dependent mechanisms as it has strong growth hormone releasing properties.²⁹⁶ The active core of Ghrelin is the first four residues (GSS*F), which are required for agonist potency²⁹⁷ but alone exhibit little structure under acidic conditions.²⁹⁸ However, molecular dynamics simulations on ghrelin in aqueous solution at pH 7 or bound to lipid membrane show different conformations, the latter being more defined.²⁹⁹ These studies have suggested a loop structure from E17 to K20 and a short α -helix from P7 to

Q13. A cyclic hexapeptide analogue of GHRP-2, **63**, shows 10-fold higher potency (EC_{50} 0.43 nM) than GHRP-6 (His-D-Trp-Ala-Trp-D-Phe-Lys-NH₂). Its NMR structure shows “nested hairpin turns”, initiated by D-Lys1 and Ala3.³⁰⁰



Molecular modeling studies of GHRP-6 have suggested that the active conformation of this peptide is a turn, which brings the head and tail of the peptide into close proximity to one another.³⁰¹ Overlays of this folded conformation of GHRP-6 and the low energy conformers of nonpeptide L-692–429 **64** have suggested that **64** can mimic the major pharmacophoric elements of GHRP-6 in this turn conformation.³⁰² These studies gave rise to compound **65** (ED_{50} 21 nM), a restrained analogue of **64** (ED_{50} 60 nM),³⁰³ which is three times more potent than **64**, consistent with this conformation being recognized by the receptor. Recently, a new potent mimetic including a tetrazole moiety in its structure, called BMS-317180 (EC_{50} 1.9 nM), with high water solubility and reasonable oral bioavailability has been described.³⁰⁴

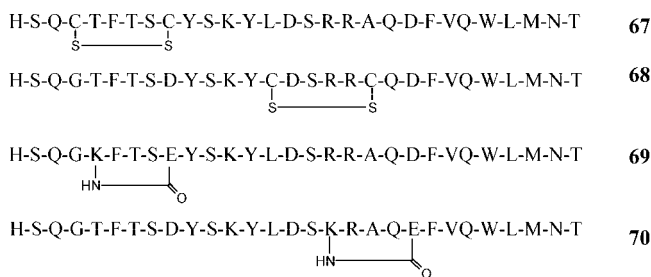


A controversial 23-residue peptide³⁰⁵ derived from post-translational processing of the prepro-ghrelin gene,³⁰⁶ was initially claimed as the endogenous ligand of the orphan receptor GPR39.³⁰⁷ This was disputed by different research groups,^{308–311} and it has recently been proposed that it should be renamed as ghrelin-associated peptide.³⁰⁶ Its solution NMR structure in a membrane environment has shown type II β - and γ -turns at the N-terminus, and an α -helical conformation with a type I β -turn at the C-terminus.³¹² Although its endogenous receptor remains unknown, it is suggested that the interaction with its receptor should involve the C-terminus.

4.26. Glucagon

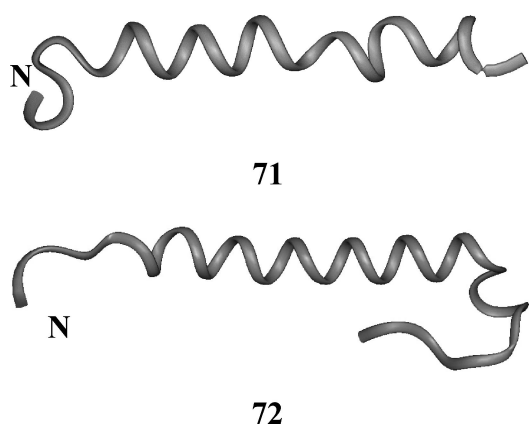
Glucagon³¹³ (Accession No. P01275; pdb 1bh0, 1gcn, 1kx6, 1nau) is a 29 amino acid peptide member of the glucagon superfamily that includes secretin, vasoactive intestinal peptide, and gastric inhibitory peptide (HSQGTFTSDYSKYLSR₁₇R₁₈AQD₂₁FVQWLMNT). It was originally isolated as a hyperglycaemic factor originating in the pancreas. Glucagon counteracts insulin in the control of glucose metabolism mainly via stimulation of glycogenolysis and gluconeogenesis from lactate, pyruvate, glycerol, and certain amino acids. Glucagon is the primary mediator of the overproduction of glucose and ketone bodies in diabetes and is an attractive target for the treatment of type II diabetes. There are at least four members of the glucagon receptor family (glucagon, glucagon-like peptide-1 and -2, and gastric inhibitory peptide receptor). Glucagon is used as a diagnostic test for digestive organs and raises blood sugar levels. The crystal structure of glucagon, **66**, revealed α -helicity,³¹⁴ supported in a lipid environment by NMR analysis,³¹⁵ and structure–function studies³¹⁶ illustrated the importance of charged residues and salt bridges at positions 17, 18, and 21. The crystal structure of [K17, K18, E21]-glucagon, a superagonist (K_i 0.3 nM, K_i 1.5 nM), also shows an increase in potency due to increased α -helicity. β -Turn and α -helical constraints have also been incorporated into the ligand, with those stabilizing β -turns having weaker affinity (IC_{50} 84 nM, **67**; 562 nM, **68**) than glucagon (IC_{50} 1.5 nM) or the respective reduced peptides, while α -helix inducing constraints have higher affinity (IC_{50} 0.2 nM, **69**; 0.24 nM, **70**).³¹⁷





4.27. Glucagon-like Peptides 1 and 2

Glucagon-like peptides 1 and 2^{313,318,319} (GLP-1 and GLP-2; Accession No. P01275; pdb 1d0r, 1jrt) are 30 and 33 residues in length, respectively, both of which are derived from the single precursor proglucagon (GLP-1, HAEG-TFT₇SDVSSYLEGQAAKEFIWLVK₂₈GR-NH₂; GLP-2, HADGSFSDEMNTILDNLAARDFINWLIQTKITD). They are members of the glucagon superfamily and are homologous to glucagon. GLP-1 is an important glucoincretin peptide hormone that can potentiate glucose-induced insulin secretion, stimulate the biological synthesis of insulin, and inhibit glucagon secretion. This makes it a potential drug lead for type II diabetes (diabetes melitus).³²⁰ GLP-2 is involved in the regulation of the function and proliferation of gut epithelial mucosa. It has been shown to promote nutrient absorption and inhibit gastric acid secretion and gut motility. Structural studies indicate an α -helical structure for GLP-1, **71**, extending from residues 7 to 28 with a disordered N-terminal region.³²¹ Studies of exendin-4, **72**, a potent agonist of the GLP-1 receptor currently in late stage clinical trials for type 2 diabetes (exenatide),³²² has shown that the mutation from G16E (GLP-1 to Exendin-4) reduces flexibility and further stabilizes the helical conformation.³²³ The recent crystal structure of Exendin-4(9–39) with the human N-terminal extracellular domain GLP-1 receptor has supported this ligand as an amphipathic α -helix that interacts with a well-defined α -helical conformation in the N-terminus domain of the receptor.³²⁴



4.28. Glucose-Dependent Insulinotropic Polypeptide

GIP (GIP; gastric inhibitory peptide; Accession No. P09681) is classed as an incretin (regulator of insulin secretion) and is a key intermediate, along with GLP-1, that stimulates insulin release in a glucose-dependent manner.³²⁵ Abnormalities in GIP action have been linked to type II diabetes.³²⁶ Recent studies also suggest GIP may link overnutrition with obesity, linking GIP receptor antagonists

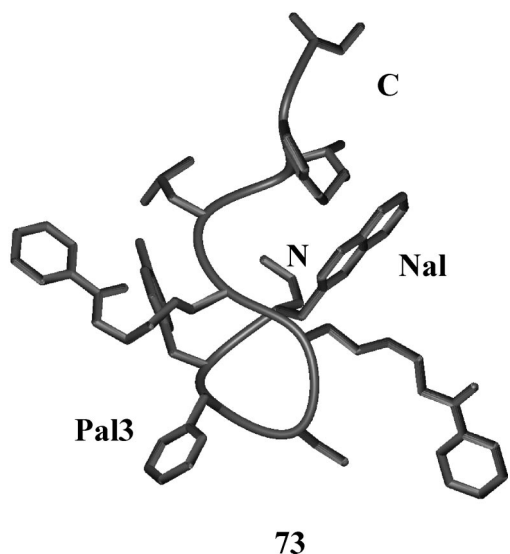
to antiobesity drugs.³²⁷ It is a 42-residue peptide (YAEGTF-**ISDYSIAM**₁₄**DKIHQ**₁₉**QDFVNWLLAQK**₃₀**GKKNDWKH-NITQ**) that targets the GIP receptor. **Determination of its solution NMR structure in water has revealed an α -helical conformation from residues S₁₁ to Q₂₉.**³²⁸ The truncated peptide GIP(1–30)NH₂ is equipotent with its longer analogue.³²⁹ This result is consistent with other NMR studies in different solvents and conditions that have shown an α -helix after the tenth residue.^{330,331} Likewise, MD simulations have suggested that the region from residues 7 to 30 (mostly in an α -helical conformation) interacts with the N-terminus of GIP receptor, and then, the N-terminus of the peptide interacts with the TM domain of the receptor.³³¹ Another study showed similar glucose lowering affects to GIP with GIP(1–14) or GIP(19–30)NH₂ thus supporting the developing hypothesis of two interaction sites on a single receptor.³²⁵ Connection of these portions using helical peptide linkers gives 3–4-fold increased bioactivity and indicated an α -helical conformation for the C-terminal portion.³³²

4.29. Gonadotropin-Releasing Hormone

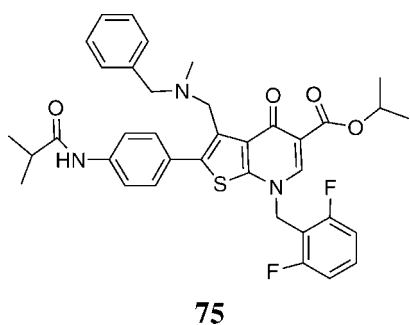
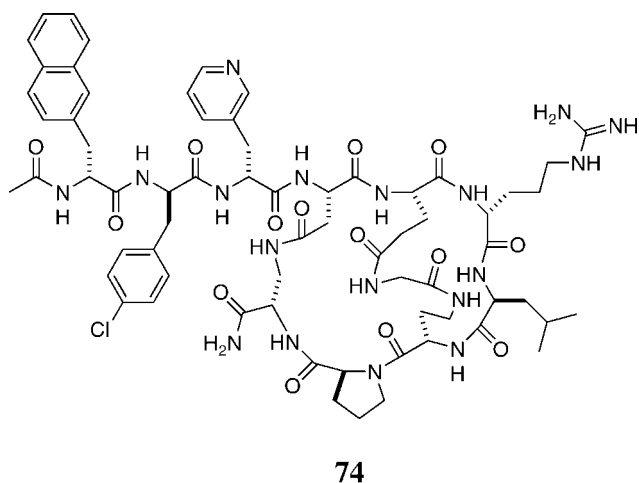
Gonadotropin-releasing hormones I and II (pEHWSY₅-GLR₈PG-NH₂ and pEHWSHGWYPG-NH₂; GnRH, gonadorelin and gonadoliberin; LHRH, luteinizing hormone-releasing hormone, luliberin; Accession No. GnRH I P01148; Accession No. GnRH II O43555) are 10-residue peptides that induce secretion of the pituitary gonadotropins follicle stimulating hormone (FSH) and luteinizing hormone (LH). GnRH II selectively binds to the GnRH type II receptor with the signaling mechanism distinctly different from that in the type I receptor. These two receptors provide the potential for differential FSH and LH secretion.³³³ There are few peptidic compounds currently used in the clinic as GnRH agonists and antagonists. Goserelin,³³⁴ Leuprorelin (**Leuprolide acetate**),^{335,336} Buserelin,³³⁷ Triptorelin,³³⁸ **Histrelin**,^{339,340} and **Nafarelin** (**Synarel for nafarelin acetate**)³⁴¹ are all agonists and are used in the treatment of prostate and breast cancer as well as endometriosis. Cetrolide^{342,343} and Ganirelix³⁴⁴ act as antagonists and are utilized in IVF (in vitro fertilization) treatments.³⁴⁵ Other antagonist peptides currently in late-stage clinical development are **Degarelix**^{346–348} and **Ozarelix** (for LHRH).^{349,350}

The NMR solution structure of Antide, **73**, an unnatural decapeptide antagonist (Ac-D-Nal-D-Cpa-D-Pal-Ser-Lys(Nic)-D-Lys(Nic)-Leu-Ilys-Pro-D-Ala-NH₂), in clinical trials for IVF, shows what the authors term a δ conformation, which consists of a turn centered at residues 3 and 4 (D-Pal-Ser).³⁵¹ NMR studies of other GnRH analogues, with strong supporting evidence from computational studies, have indicated a type II β -turn conformation centered around residues YGLR.³⁵² Covalent constraints in the form of cyclic peptide analogues such as **74** have stabilized two type II and one type I' β -turns, resulting in high antagonist potency.³⁵³ Supporting these conformational differences, further computational studies on GnRH receptor suggested the presence or absence of one hydrogen bond between the N-terminal region of the ligand and the residues K3.32 and N2.61 of the receptor correlated with agonist or antagonist activity, respectively.³⁵⁴ Based on mimicking this dominant β -turn conformation in Y₅GLR₈ of LHRH,^{355,356} substituted 4-oxo-thieno[2,3-b]-pyridines were developed, leading eventually to various potent and orally active nonpeptidic antagonists (e.g., **75**, known as **T-98475**) of the human LHRH receptor.^{357,358} Since then, other uracil,^{359,360} quinoxaline,³⁶¹

and aminobenzimidazole³⁶² derivatives have been developed with success as antagonists of GnRH or its receptor.



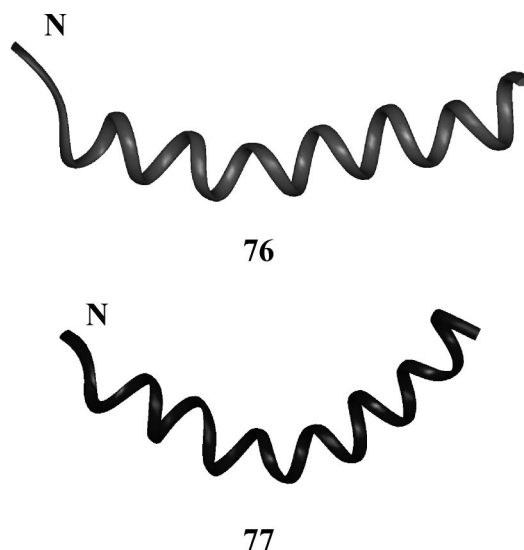
Graphical representation of **73** kindly provided by Dr Giuseppe Digilio.³⁵¹



4.30. Growth Hormone-Releasing Hormone

GHRH³⁶³ (growth hormone-releasing factor, GRF; somatoliberin, somatotrin, Sermorelin; Accession No. P01286) is a 44-residue peptide produced in the hypothalamus and, like its name suggests, controls the release of growth hormone along with GH secretogues (GHS) and somatostatin.³⁶⁴ The hormone binds to a specific receptor (GHRH-R) found on somatotropes in the pituitary gland.³⁶⁵ Abnormalities in this system can result in acromegaly, somatotroph hyperplasia, dwarfism, diabetes mellitus, and hypoglyce-

mia.³⁶⁶ The fragment GHRH(1–29)-NH₂ has been shown to be the shortest fragment necessary for significant activity. The presence of fatty acids at the N-terminus of this fragment has led to antagonists of GHRH effective in treating different cancers.³⁶⁷ The solution structures of two active poly(ethylene glycol) conjugates, Lys¹²PEG-GRF(1–29), **76**, and Lys²¹PEG-GRF(1–29), **77**, as well as hGRF(1–29)-NH₂ all show an overall α -helical conformation with some conformational flexibility located in the central region around residues 16–18.³⁶⁸ (The coordinates of **76** and **77** were kindly provided by Dr. Giuseppe Digilio.) Other structural evidence for GHRH indicates two α -helical regions, residues 6–13 and 16–29, joined by a short segment of less well-defined structure.^{369,370} Structure activity relationship (SAR) studies have shown that replacing Gly15 with helix stabilizing residues such as Ala and Aib increases potency of the peptide while helix destabilizing residues such as Sar abolish receptor binding affinity. Subsequent structural studies show increased helical conformations for the Ala and Aib derivatives and the opposite for the latter analogue. Side chain cyclization via lactam bridges to stabilize the secondary structure has also produced higher potency analogues.^{366,368} The importance of the α -helical conformation for activity has also been suggested by structural–functional relationships on mink and porcine growth hormone, where low α -helicity decreased immunological potency of GH.³⁷¹



4.31. Kisspeptins

Kisspeptin-1 (Metastasis suppressor KiSS-1, Accession No. Q15726 (human))³⁷² is a 145-residue protein originally discovered as a human melanoma metastasis suppressor gene.³⁷³ However, other roles in puberty onset,^{374,375} insulin secretion,³⁷⁶ or vasoconstriction³⁷⁷ have also been reported. Different C-terminal amide peptides derived from KiSS-1 (kisspeptins-54, 14, and 13) have been identified as cognate ligands of GPR54³⁷⁸ (original orphan GPCR hOT7T175³⁷⁹ and also known as AXOR12³⁸⁰). Kisspeptin-54 (metastin)³⁷⁹ is a 54-residue neuropeptide from digestion of KiSS-1. Its biological activity is located in the C-terminus, which defines a pharmacophore site for the receptor.³⁸¹ Proteolysis of metastin generates small-fragment peptides of 14, 13, or 10 residues. Conformational studies focused on the shorter sequences in a membrane environment, with NMR studies suggesting that kisspeptin-13 (LPNYNWNNSF₉GLR₁₂F₁₃-NH₂) adopts an α -helical conformation in SDS micelles from

N7 to F13. Alanine scans revealed that Phe and Arg on the same face of the helix are important for activity.³⁸² Interestingly, later NMR and CD studies on kisspeptin-54 have shown that it is disordered in water (3.7% α -helical) and SDS (12.7%) with minimal structure and only at the C-terminus.³⁸³

4.32. Lutropin

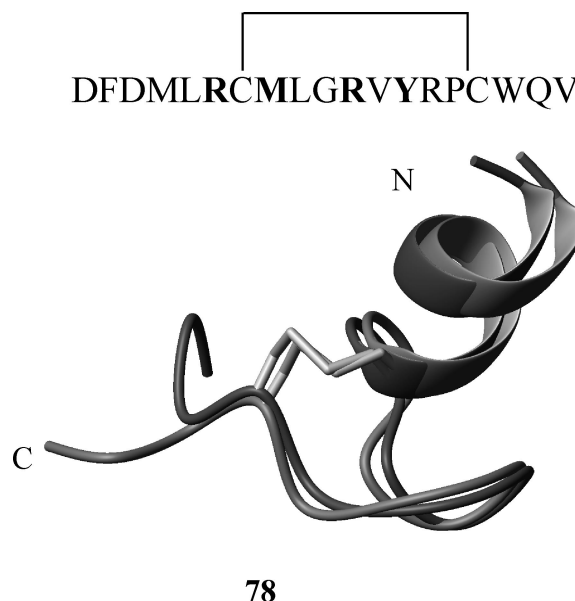
Lutropin (luteinizing hormone, LH; Accession No. P01229) is a member of the glycoprotein hormone family and has the characteristic heterodimeric structure consisting of a conserved 92-residue α subunit and a unique 121-residue β subunit. Like the other members of the glycoprotein family, LH is associated with ovarian and testicular function and is secreted from the pituitary.³⁸⁴ LH is the key hormone involved in the expulsion of the mature ovum and is regulated by GnRH and understood to also be regulated by oxytocin.³⁸⁵ LH is also marketed as a recombinant product for use in the clinic. While the three-dimensional structure of LH has not been reported to date, it is very similar to that of hCG (gonadotropin) and FSH (follicotropin) discussed above.

4.33. Melanin-Concentrating Hormone

Human melanin-concentrating hormone (hMCH; Precursor Accession No. P20382) is a 19-residue peptide (DFDMLR₆C₇M₈L₉GR₁₁VY₁₃RPC₁₆WQV) containing a 10-residue disulfide bridged cyclic peptide.³⁸⁶ hMCH is involved in regulating food intake and obesity, hypothalamic/pituitary/adrenal activity, and energy balance. Two MCH-specific GPCRs are known, with hMCH-2R having about 38% sequence identity with hMCH-1R. Mimics of hMCH and inhibitors appear to influence feeding behavior in rodents. Structure–activity studies suggest that residues R6, M8, R11, Y13, and the disulfide bond are important for activity,³⁸⁷ and that the cyclic fragment hMCH6–16 alone has comparable activity to full-length peptide for both receptors.³⁸⁸ The structure of hMCH, **78**, has been determined³⁸⁶ in water and 1:1 MeCN/water by NMR spectroscopy and shows an N-terminal two-turn helix identified between residues 2 and 9, a stable fold between cysteine residues 7 and 16, and a well-defined turn or loop within the cycle. (The coordinates and drawing of **78** were kindly provided by Dr. Michele Saviano.) These data strongly support the importance of a turn region for bioactivity.

4.34. Melanocortins and Corticotropin

The family of melanocortin peptides (melanotropins; MSH, α , β , γ -melanocyte stimulating hormones; Precursor Accession No. P01189) includes the three melanocyte-stimulating hormones α -MSH [SYSMEH₆FRW₉GKPV], β -MSH [DEGPYRMEHFRWGSPPKD], and γ -MSH [YVMGHFRWDRF] and the adrenocorticotropin hormone (ACTH; Accession No. P01189) [SYSMEHFRWGKPVGKKRRPVK-VYPNGAEDESAEAFPLEF] as well as Agouti and AGRP discussed above. All are derived from the corticotropin-lipotropin precursor or Pro-opiomelanocortin (POMC). These peptides are involved in a wide range of physiological functions, including pigmentation, steroidogenesis, sexual function, analgesia, inflammation, immunomodulation, cardiovascular regulation, neuromuscular regeneration, and others. All four hormones bind to the five known melanocortin receptors, termed MC1 to MC5.³⁸⁹ The highly

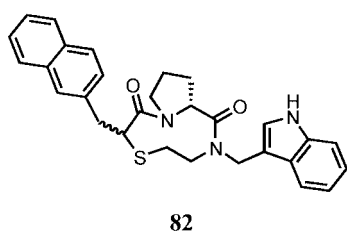
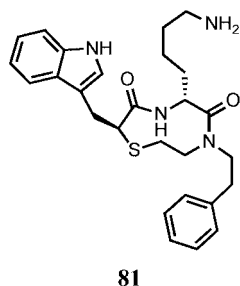
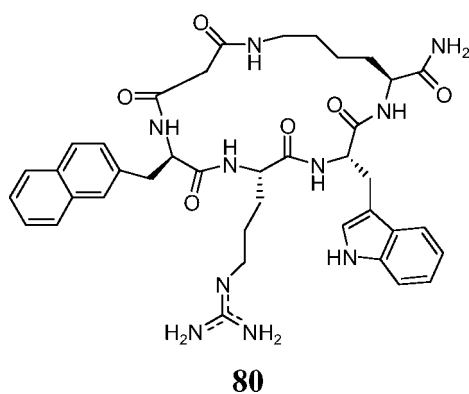
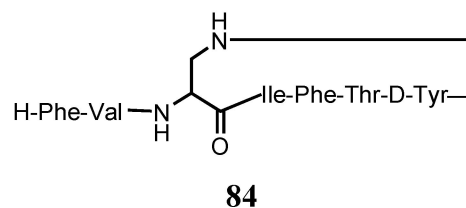
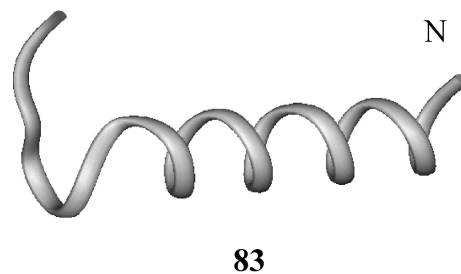
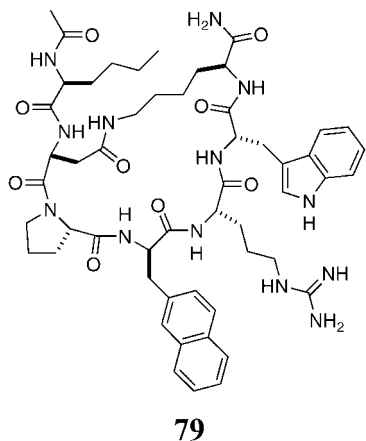


conserved message sequence H6-F7-R8-W9 present in all natural melanocortins is important for biological activity.^{390,391} NMR studies have shown a hairpin loop conformation from E5 to W9 for α -MSH, whereas α -MSH-ND analogues show a type I β -turn around the tetrapeptide D5-H6-f7-R8 important for receptor binding and activation.^{392,393} Structure–activity studies of cyclic lactam analogues **79** (IC₅₀(hMC3) 0.19 nM) and **80** (IC₅₀(hMC4) 0.5 nM) led to the discovery of potent and selective antagonists for hMC3 and hMC4, which also adopt a β -turn conformation.^{394–398} Further NMR studies on melanocortin α -MSH agonists, such as MTII (hMC3/4R), VJH085 (hMC4R), and antagonist SHU9119 (hMC3R), have suggested a type II β -turn around H6-f7-R8-W9 residues.³⁹⁹ A β -turn is also mimicked by three side chains of amino acids Phe, Arg, Trp (found to be essential for activity in the native ligand) in **81** and **82**.⁴⁰⁰ Compound **81** was a selective agonist (EC₅₀ 63.4 μ M) of the mouse MC1 receptor, but the activity of **82** (EC₅₀ 42.5 μ M) with no basic residue challenges the importance of Arg 8 of the native ligand for receptor activation. In addition, β -turns have been mimicked by using a benzodiazepinone moiety replacing two residues in the sequence H6-f7-R8-W9. The new pseudopeptides generated had activities in the micromolar range.⁴⁰¹ Tertiary amides have also shown moderate binding affinity for MC1 and MC3–5 receptors.⁴⁰²

4.35. Motilin

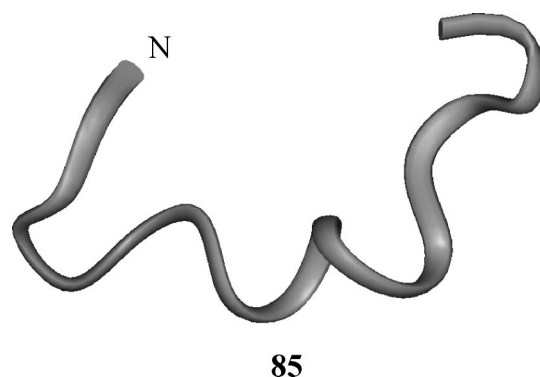
Motilin (Accession No. P12872; pdb 1l1bj) is a 22-residue peptide (FVP₃IFT₆YGE₉LQRMQEKERNK₂₀GQ), the porcine sequence first characterized in 1973.⁴⁰³ It is expressed in the gastrointestinal tract, particularly the small intestine, and stimulates gastric motility.⁴⁰⁴ Only recently has the orphan receptor, GPR38 (MTL-R), been identified as the motilin receptor.⁴⁰⁵ Erythromycin A, a macrolide antibiotic used for treating gram-positive bacterial infections, is understood to mediate its action through the MTL-R. A decomposition product of Erythromycin A is the causative agent of gastrointestinal distress.⁴⁰⁴

Numerous structural studies of motilin have reported a turn-like conformation at the N-terminus and a central α -helical core region.^{406,407} A recent NMR solution structure in micelles shows a classical type I β -turn (Pro3-Thr6), followed by an ordered α -helix from Glu9-Lys20, **83**.⁴⁰⁸



4.36. Neuropeptide AF and Neuropeptide FF

Neuropeptide AF (AGEGLN₆SQFWSLAA₁₄PQRF-NH₂) belongs to the peptide class FMRF-amide related peptides, as does the closely related neuropeptide FF (FLFQPQRF-NH₂). These peptides (NPAF, NPFF, FMRFamide related peptide; Accession No. O15130) are found widely within the central nervous system and have been linked with different functions, the most prominent being pain modulating and antiopioid effects.^{413,414} The GPCR for these peptides is orphan receptor HLWAR77.^{415,416} The structure of NPAF has been determined in two solvent systems and found to be primarily α -helical within the central region of the peptide from Asn6 to Ala14 in both solvents, **85**.⁴¹⁴ (The coordinates of **85** were kindly provided by Dr. George Kotovych.⁴¹⁴)



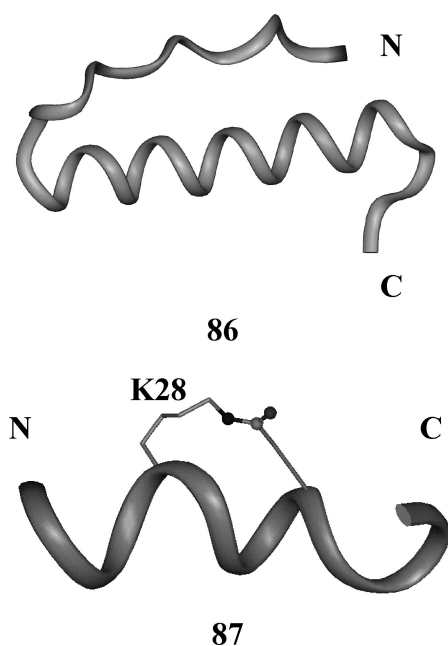
4.37. Neuropeptide Y, Peptide YY, and Pancreatic Polypeptide

Further studies led to the proposal that an inverse γ -turn might be consistent with the structural data in aqueous solution.⁴⁰⁹ Based on the putative N-terminal turn structure of motilin, cyclic peptides were designed in order to mimic the conformation of motilin (1–7) (IC₅₀ 4 μ M, EC₅₀ 135 μ M). Compound **84** was found to have similar affinity for MTL-R (IC₅₀ 4 μ M, pA₂ 4.34) as the linear heptapeptide but was an antagonist.⁴¹⁰ Recent studies inspired by these structures have led to a new macrolactam of four residues with high antagonist potency and affinity for MTL-R (IC₅₀ 23 nM, K_i 8 nM).⁴¹¹ However, linear tetrapeptides, where Phe and Tyr residues remain in their structure, have also shown excellent antagonist potencies (IC₅₀ 6–185 nM, pA₂ 7.2 to <6) and oral bioavailability.⁴¹² These studies suggest that an N-terminal turn might bind to the receptor.

Neuropeptide Y (NPY;⁴¹⁷ melanostatin, melanotropin-release-inhibiting factor; Precursor Accession No. P01303 (human); P29949 (frog); pdb 1f8p, 1fvn, 1d0w, 1d1e, 1d1f, 1qfa, 1ron) [YPSKPDNPGEDAPAEDMARRYYSAL₂₄RH-YI₂₈NLI₃₁T₃₂RQRY₃₆-NH₂] is a 36-residue peptide that is predominantly released by neurons as a neurotransmitter. Peptide YY (PYY; peptide tyrosine tyrosine; Precursor Accession No. P10082 (human)) [YPIKPEAPGEDASPEEL-NRYYYASLRHY-LNLVTRQRY-NH₂] is released by intestinal endocrine cells, while pancreatic polypeptide (PP; Precursor Accession No. P01298 (human)) [A₁PLEPVYP₈GDNATP₁₄EQMAQYAADLRRYINML₃₁TRPRY-NH₂] is found in pancreatic cells that do not store insulin, glucagon, or somatostatin. Physiological effects attributed

to these peptides include stimulation of food intake and inhibition of anxiety and neurotransmitter release in the CNS and the periphery.⁴¹⁸ Six NPY receptors have been cloned, designated Y1, Y2, Y4, Y5, Y6, with evidence for putative receptor Y3 still being circumstantial. NPY and PYY show high agonist potency for Y1 (0.2 nM, 0.7 nM), Y2 (0.7 nM), and Y6, while PP shows agonist potency <1 μ M only for Y4 and Y5.⁴¹⁸

The X-ray crystal structure of avian-PP, **86**, consists of an extended polyproline-like helix (1–8) and an α -helix (14–31) connected by a β -turn. NMR solution structures are also available for all three peptides.^{419–423} The C-terminal helical region of NPY is responsible for biological activity.^{424,425} Similarly, recent NMR studies have supported the idea that the N-terminal region domain, with a short α -helical stretch in the presence of phospholipid micelles, contributes to binding to the receptor.⁴²⁶ In addition, different biology studies and docking calculations have been performed to try to identify the binding mode for NPY, PYY, and PP with the receptor. Similar electrostatic interactions and different modes of interaction patterns for these peptides with the receptor subtypes have suggested that the receptor subtype plays a crucial role for binding as against a preorganized conformation of the ligand in the membrane.⁴²⁷ Mimetics of the neuropeptide Y helical region are potent antagonists of NPY and exhibit antihypertensive and neuromodulatory activity. An example is the helix in the cyclic NPY analogue **87**, Ac[A24,K28,L31, E32]NPY(24–36), its helical structure being stabilized by a lactam bridge.⁴²⁸



Nonapeptides **88a** and **88b**, analogues of the C-terminus of peptide Y, further suggest that either α -helical or β -turn conformations are recognized by NPY receptors. The C-terminal amide **88a** shows high affinity at three receptor subtypes (Y1, K_i = 5 nM; Y2, K_i 11.3 nM; Y4, K_i 5.8 nM; Y5, K_i > 1000), and its ¹H NMR structure displays a β -turn centered at Asn-Pro-Ile-Tyr. The methyl ester derivative **88b** (Y1, K_i 25.7 nM; Y2, K_i 1420 nM; Y4, K_i 2403 nM; Y5, K_i 7100 nM) is specific to the Y1 receptor, and its structure consists of two β -turns, one centered at Asn-Pro-Ile-Tyr and the other at Ile-Tyr-Arg-Leu in TFE.^{429,430}

H-Ile-Asn-Pro-Ile-Tyr-Arg-Leu-Arg-Tyr-X

88 (a, X=NH₂; b, X=OMe)

4.38. Neuropeptides B, W, and S

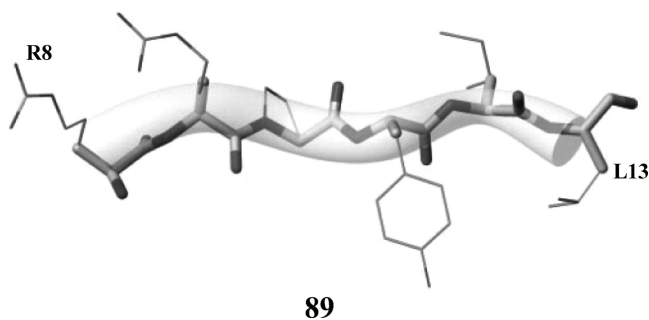
Neuropeptides B (NPB, preprotein L7 (hPPL7), Accession No. Q8NG41) and W (NPW, preprotein L8 (hPPL8), Accession No. Q8N729) are neurotransmitters identified as endogenous ligands for orphan receptors GPR7 and GPR8,^{431–434} currently referred to as NPBW1⁴³⁵ and NPBW2.⁴³⁶ Physiological studies have implicated them in modulating release of pituitary hormones, feeding behavior, and pain pathways.⁴³⁷ NPB is a 29-residue polypeptide.⁴³¹ On the other hand, two mature forms of NPW have been identified with 30 and 23 residues differing in the C-terminal region. The former have shown a higher receptor affinity.⁴³² Both ligands share the same amino acids at the N- and C-termini region. However, NPB has shown a higher affinity for NPBW1, while NPW binds to both receptors with similar affinity.^{432,434} NMR, CD, and molecular modeling structural studies in SDS on the truncated NPB23 (WYKPAAGHSSYSVGRAGLLSGL) and NPW23 (WYKHVASPRYHTVGRAGLLNGL)⁴³⁸ have revealed a similar α -helical conformation from residues 15 to 21. For NPB23, a ₃₁₀-helix is also observed from residues 12 to 21 in equilibrium with the α -helix. Differences in the secondary structure are encountered at the N-terminus. NPB shows a type II β -turn from residues K3 to A6, whereas for NPW a cation– π interaction is observed between the side chain of K3 and W1.⁴³⁸ These differences at the N-termini are consistent with the different receptor selectivities of NPB and NPW. Recent SAR studies on NPB also suggest that W1 and Y11 are important for ligand–receptor interactions, whereas residues 4–10, 12, and 21 do not play any important role in binding. This information has allowed design of a potent and selective agonist for NPW1 (WYKXXXXXXGRAAGLLSGL-NH₂, X = 5-aminovaleric acid, EC₅₀ (NPW1) 1.7 nM; EC₅₀ (NPW₂) 280 nM versus NPB23 EC₅₀ (NPW1) 0.24 nM, and EC₅₀ (NPW₂) 8.6 nM by a cAMP-driven reporter-gene assay in the presence of forskolin).⁴³⁹

Neuropeptide S (NPS, Accession No. POC0P6 (human))⁴⁴⁰ is the endogenous ligand of GPR154,⁴⁴¹ also known as GPR4⁴⁴² or VRR1,⁴⁴³ and abbreviated as NPS receptor (NPSR).^{440,444} Human NPS is a 20-residue peptide (SF₂RNGVGT₈GMKKTSFQRAKS) generated through proteolytic cleavage of a larger precursor protein. Pharmacological studies have indicated that NPS plays different roles in consciousness,^{440,445} anxiety,^{440,445,446} stimulation of locomotor activity,^{440,445,447} and food intake.^{447–449} Structure–activity studies have shown that residues F₂R₃N₄ at the N-terminus (message domain) are essential for biological activity, whereas T₈G₉M₁₀ are important for receptor activation. Two residues V₆G₇ between the latter domains play a role as a hinge.⁴⁵⁰ NPS does not adopt any structure in aqueous solution,⁴⁵¹ but NMR and CD studies suggest a turn at the N-terminus mediating receptor interaction, as well as a nascent helix from residues 5 to 13 that seems to inhibit receptor activation.⁴⁵² Induction of helicity in this region abolished biological activity.⁴⁵¹ Towards a better understanding of the influence of the turn at the message domain upon biological activity, further SAR studies on positions 2–5 concluded that the Phe2 side chain was not important for the receptor binding,⁴⁵³ the guanidine moiety of Arg3 was not crucial; Asn4 was pivotal for biological activity,⁴⁵⁴ and Gly5 is important because substitution by L- or D-amino acids

led to full agonist or antagonist activity, respectively.⁴⁵⁵ These studies have allowed design of potent full antagonists, such as [³H]-[Bu-D-Gly5]NPS (pK_B ($CL_{95\%}$) 7.06)⁴⁵⁶ and [D-Val5]NPS (pK_B ($CL_{95\%}$) 7.56).⁴⁵⁵

4.39. Neurotensin and Neuromedin N

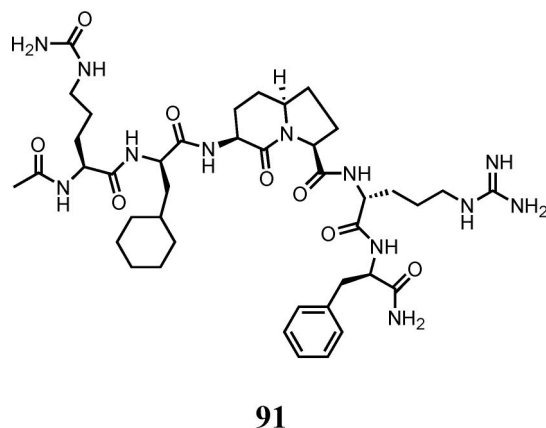
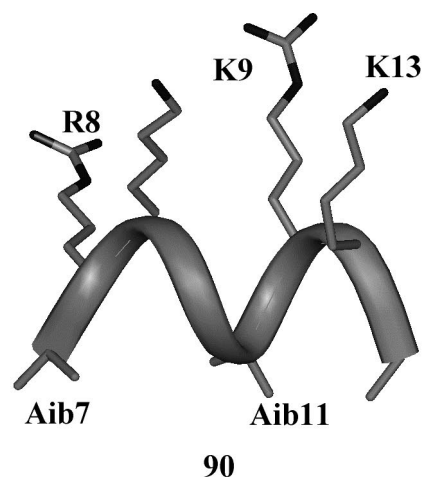
Neurotensin (NT, Precursor Accession No. P30990 (human)) [QLYENKPR₈RPYIL₁₃] and its analogue neuromedin N (Precursor Accession No. P30990 (human)) [IPYIL] are regulatory peptides, found mainly in the gut, where they stimulate pancreatic and biliary secretions,⁴⁵⁷ and also in the brain, where they are antipsychotic.⁴⁵⁸ Neurotensin binds to three receptors (NTR-1, -2, -3) found widely in both the central and peripheral nervous system,⁴⁵⁹ while neuromedin N only binds to the latter. NMR studies of neurotensin in aqueous⁴⁶⁰ and SDS⁴⁶¹ media showed no defined structure. Structure–function studies indicated that residues 8–13 are sufficient to elicit binding and activation of the neurotensin receptor.^{462,463} Recent molecular modeling and site-directed mutagenesis studies suggest that NT(8–13) adopts a type I β -turn in the receptor-bound conformation,⁴⁶⁴ while a solid-state structure shows a β -strand conformation, **89**, for the C-terminal fragment NT(8–13) bound to the receptor.⁴⁶⁵ (The structure of **89** is reprinted with permission from ref 294. Copyright 2003 National Academy of Sciences.) To our knowledge this is one of only a few receptor-bound structures of a GPCR ligand, and it should be emphasized that the result (a β -strand or extended ligand conformation) contradicts the general principle being put forward in this review, namely, that GPCRs tend to recognize turn conformations. An NMR-derived solution structure of full-length NT in the presence of TFE and hexafluoroisopropanol (HFIP) has supported this idea. However, the structure obtained in the presence of DPC micelles has suggested a type I β -turn in the C-terminus. These results might indicate that the interaction of the ligand with its receptor can occur in two steps, considering the likely energy cost in rearranging to the receptor-binding structure.⁴⁶⁶ Moreover, the crystal structure of NT with sortilin (neurotensin receptor-3), together with surface plasmon resonance competitive binding measurements, supports the importance of NT11–13 residues for binding to the receptor, forming a short β -strand (from Pro-10 to Leu-13) to strand 1 of blade 6 in the tunnel of 10-bladed β -propeller domain of sortilin.⁴⁶⁷



4.40. Nociceptin

Nociceptin (Orphan FQ; Accession No. Q13519) is a 17-residue peptide (FGGFTGAR₈K₉SAR₁₂K₁₃LANQ), similar in sequence to Dynorphin A, which interacts with the opioid receptor like receptor 1 (ORLR-1). Despite this similarity, it displays no opioid activity. Activation of ORLR-1 by Nociceptin involves many physiological functions including

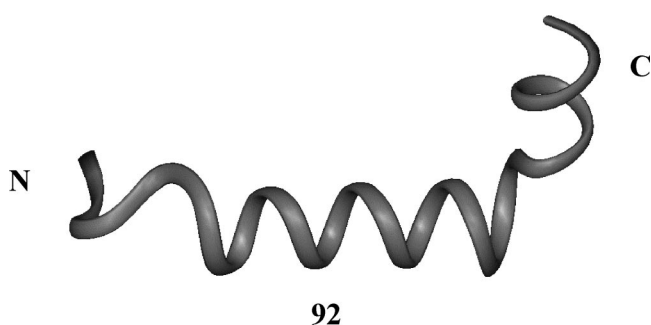
hyperalgesia and antioioid effects in the brain and analgesia in the spinal cord.⁴⁶⁸ Like other opioids the N-terminal residues (FGGF) make up the message domain. Like Dynorphin, Nociceptin shows little tendency to form a defined helix conformation from residues 4–17 in several solvents.^{469,470} However, nociceptin analogues containing the α -helix-inducing constraint Aib (Aib₇, Aib₁₁) are very potent ORLR1 agonists (K_i 0.05 nM, EC_{50} 0.08 nM),⁴⁷¹ supporting the notion that turns, possibly helical α -turns, **90**, are important for receptor binding. Hexapeptide **91**, incorporating a β -turn inducing constraint at its center, has also been shown to be a potent and selective antagonist at the ORL1 receptor.⁴⁷² Constrained peptides such as cyclo-[Cys7,Cys10]N/OFQ(1,13)NH₂⁴⁷³ or cyclo-[D-Asp7,Lys10]N/OFQ(1,13)NH₂⁴⁷⁴ with a disulfide or a lactam bridge as designated have also been reported, affording similar or more potent agonist efficacy than truncated nociceptin, N/OFQ(1,13)NH₂. In addition, we have developed even more potent agonists and antagonists using helix-constrained peptides.⁴⁷⁵



4.41. Orexin A and B

Neuropeptides Orexin A [pEPLPDC₆C₇RQKTC₁₂SC₁₄RL-YEL₁₉L₂₀HGAGNH₂₆AAGILT₃₃-NH₂; disulfides 6–12, 7–14] and Orexin B (hypocretin 1 and hypocretin 2; Accession No. O43612 (human); pdb 1cq0) [RSGPPGL₇-QGRLQRLQASG₁₉NHAA₂₃GILTM-NH₂], formed through proteolytic cleavage of prepro-orexin, bind two receptors OX1 and OX2 with little selectivity. They are involved in feeding behavior and energy homeostasis and are also understood to be involved in the sleep/wake cycle.^{476,477} The NMR solution structures of Orexin B in water, **92**, and in micelles, show two α -helices, L7-G19 and A23-M28.

Similarly, Orexin A shows two α -helices from C14-H21 and N25-L31, as well as a rigid turn between R8 and T11 in aqueous solution.⁴⁷⁸ However, a recent NMR study in similar medium has suggested a different positioning of the helical regions, including also another short helix between residues C6 and Q9.⁴⁷⁹ On the other hand, the location of the two main α -helices differs in a membrane environment.⁴⁸⁰ N-Terminal deletion studies indicate a minimum 19-residue C-terminal sequence of Orexin A is required for agonism.^{481,482} Alanine scans revealed that residues H26-L33 are important for binding to OX1, and L19 and L20 are important for receptor affinity and/or conformation change. [Ala11, D-Leu15]-Orexin B is an agonist that is 400-fold more selective for the OX2 receptor,⁴⁸³ where D-L15 corresponds to L20 of Orexin A, supporting the importance of C-terminal α -turn(s) for receptor binding. More recent NMR studies have suggested the importance of residue 20 in Orexin B for Ox2R selectivity,⁴⁸⁴ while differences encountered in the N-terminal region of both Orexins may be important for receptor binding.⁴⁷⁹

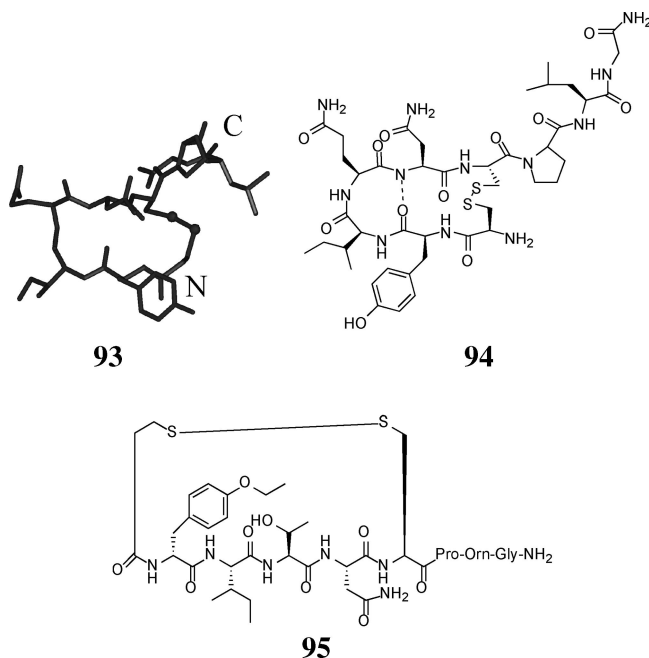


4.42. Oxytocin

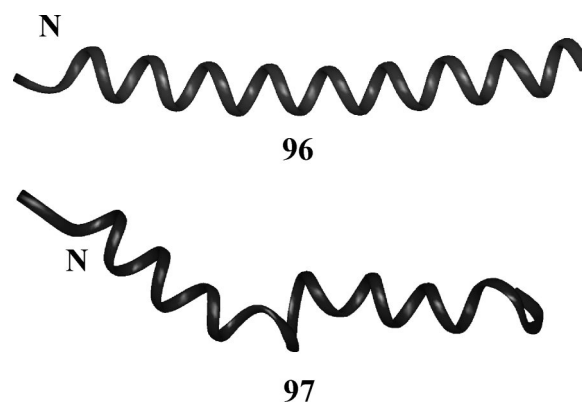
Oxytocin (α -hypophamine, oxytocic hormone; Accession No. P01178 (human); pdb 1xy1, 1xy2, 1npo; CCD Code: DUPFAV) is a disulfide-bridged nonapeptide pituitary hormone ($C_1Y_2IQN_5C_6PLG-NH_2$) synthesized in neurons in the hypothalamus. It is structurally related to vasopressin, which has only two differing residues I3F and L8R, and by binding to the oxytocin receptor (OT-R) it promotes uterine contraction, milk ejection, and behavioral functions.⁴⁸⁵ Oxytocin has also been associated with the regulation of Lutropin (LH).³⁸⁵ Crystal structures for the oxytocin deamino derivative, **93**,⁴⁸⁶ and a complex with neurophysin,^{485,487} a protein involved with hormone transport, both show oxytocin in a β -turn conformation (type II or III) at residues 2–5, **94**. These and numerous other cyclic antagonist analogues strongly suggest that the oxytocin receptor recognizes a β -turn conformation for oxytocin. The oxytocin antagonist Atosiban (Tractocile, **95**) became available in 2003 for delaying preterm births,⁴⁸⁸ while oxytocin itself is used clinically to induce labor and control bleeding.

4.43. Parathyroid Hormone

Parathyroid hormone (parathyrin, PTH; parathormone; Accession No. P01270; pdb 1bwx, 1et1, 1et2, 1fvv, 1hph, 1hpy, 1hth, 1zwa, 1zwb, 1zwc, 1zwd, 1zwe, 1zwf, 1zwg) is an 84-residue peptide secreted from the parathyroid gland. It is the major regulator of calcium homeostasis and acts via the kidney, bone, and intestine. The predominant form isolated from human plasma is the N-terminal fragment hPTH(1–37).⁴⁸⁹ The hormone targets two receptors, PTHR1⁴⁹⁰ and PTHR2.^{491,492} Currently, Forteo (teriparatide), recombinant human parathyroid hormone (1–34), is used



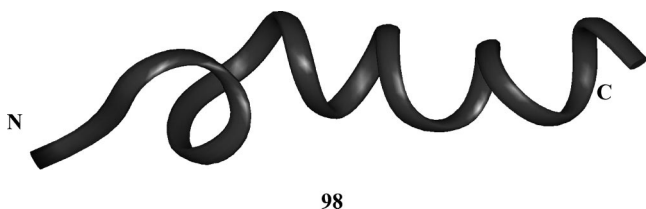
as a treatment for osteoporosis; however, it has been shown to induce osteosarcoma in rats.⁴⁹³ More than a dozen structures have been published for this peptide. The crystal structure of hPTH(1–34), **96**, shows a slightly bent but well-defined α -helix.⁴⁹⁴ Solution structure analyses indicate a short N-terminal and a longer C-terminal helix as well as a loop region from residue 14–17, **97**.^{495,496} Conformationally constrained parathyroid hormone analogues incorporating lactam bridges between residues 18–22 (EC_{50} 0.29 nM), 18–22 and 26–30 (EC_{50} 0.13 nM), 13–17, and 18–22 and 26–30 (EC_{50} 0.14 nM) all showed increased agonist activity compared with the parent hPTH(1–31) (EC_{50} 4.7 nM) and are shown to be helical.⁴⁹⁷ Activity studies on the N-terminal fragment of PTH(1–14) revealed that a significant increase in signaling potency could be achieved by modifying the sequence, [Ala(3,10,12), Arg11, Trp14]rPTH(1–14)NH₂ (EC_{50} 0.6 nM), showing a 200-fold improvement over the native 14-residue peptide.⁴⁹⁸ Recently NMR studies on (*i*–*i*+4) stabilized lactam derivatives of these peptides have shown that they exist in very well-defined helical conformations in DPC micelles, supporting the notion that an α -helix is the receptor binding conformation at this receptor.⁴⁹⁹ The crystal structure of PTH bound to the PTHR1 extracellular domain (ECD) has revealed a “hot dog” model of hormone recognition, in which the PTHR1 ECD adopts a three-layer α – β – $\beta\alpha$ conformation while the amphipathic helix PTH is fixed in the central groove of the receptor ECD.⁵⁰⁰



4.44. Pituitary Adenylate Cyclase Activating Peptide

PACAP (Accession No. P18509; pdb 1gea) (HSD₃GI-FT₇DSYSR₁₂YRQMAVKK₂₁YLA₂₄AVL₂₇GKRYKQRVK-NK-NH₂), a 38-residue peptide hormone, was first isolated from ovine hypothalamic extracts based on its ability to stimulate cAMP in pituitary cells. PACAP has been found to have multiple effects including control of neurotransmitter release, increase of insulin, vaso- and bronchodilation, as well as the stimulation of cell multiplication and differentiation.⁵⁰¹ The shortened peptide, PACAP-27, truncated and amidated at Leu 27, is also capable of activity indicating the biologically active region. PACAP binds to three VPAC receptors, VPAC1 and VPAC2, which also bind VIP with similar affinity, as well as PAC1, the PACAP specific receptor.⁵⁰² Structural evidence has shown a core helical region, residues 12–24, with a turn-like structure at the N-terminus.^{503,504}

A detailed structural analysis in 2001 presented the conformation of the full agonist, PACAP(1–21)-NH₂, **98**, bound to the PAC1 receptor and compared this to the conformation of PACAP-27 in a micelle environment. The peptide forms a β -coil structure from residues 3–7, made up of consecutive type II' (3–6) and type I (4–7) β -turns, creating an important hydrophobic patch necessary for receptor binding. The remaining C-terminal region, residues 8–21, forms an α -helix.⁵⁰⁵ The difference between this conformation and the micelle bound peptide is limited to the seven N-terminal residues, where the micelle bound peptide was helical from residue 5 to 27. The C-terminal region has been shown to be important for binding but does not facilitate agonism, as truncated peptides act as competitive antagonists.⁵⁰⁶ This evidence strongly supports the recognition and activation of receptors by hormones in a turn conformation.



The solution structure of the potent antagonist PACAP (residues 6–38)⁵⁰⁶ complexed with the N-terminal extracellular domain of hPAC1-R-short shows that the peptide binds to the receptor in a helical conformation with a bend at A18. Three residues Y10, R14, and K21 seem essential for binding to full-length receptor.⁵⁰⁷ In addition, SAR studies focused at the N-terminal region have suggested that N3 and F6 residues and the α -helical conformation between residues 5–7 are important for interaction with the receptor. Activation of PAC1-R occurs via a turn at the N-terminal residues 1–4 of PACAP.⁵⁰⁸ These studies have led to new super-agonists like [Bip(6)]PACAP27 and a potent antagonist [Sar(4)]PACAP38.⁵⁰⁸

4.45. Prokineticins

Prokineticin-1 (PK1, Accession No. Q8R414 (rat)) and prokineticin-2 (PK2, Accession No. Q8R413 (rat)),⁵⁰⁹ have also been called endocrine gland vascular endothelial growth factor (EG-VEGF)⁵¹⁰ and *Bombina variegata* 8 (Bv8),^{511,512}

and are cysteine-rich secreted peptides that regulate^{513,514} gastrointestinal motility,⁵⁰⁹ angiogenesis,^{510,515} circadian rhythms,⁵¹⁶ and reproduction.⁵¹⁷ PK1 and PK2 are large endogenous ligands of PKR1 and PKR2 receptors. Binding occurs with low selectivity as these two GPCRs share 85% amino acid homology with most differences at their N-terminus.^{518–520} PKs have two critical domains for biological activity,⁵²¹ the former having hexapeptide AVITGA at the N-terminus. Completely conserved in mammalian as well as nonmammalian species, it plays an essential role for biological activity.⁵⁰⁹ Any change or deletion in this sequence led to the loss of agonist activity or affords an antagonist effect, including also a better discrimination between both receptors.^{521,522} The cysteine-rich domain at the C-terminus is equally essential for bioactivity according to pharmacology studies.⁵²¹ This domain consists of 10 cysteines, also highly conserved in species, and is predicted to form five disulfide bonds that should confer a folded structure.^{509,523} Small triazine-containing molecules are reportedly potent antagonists (e.g., IC₅₀ 21 nM for PKR1 in HEK 293 cells).^{524,525}

4.46. Prolactin-Releasing Peptide

The prolactin-releasing peptides PrRP20 (TP₂DIN₅-PAWYA₁₀SRGIRPVGRF) and PrRP31 (SRTHRHSMEIRTPDINPAWYASRGIRPVGRF) (Accession No. P81277) are two novel peptides derived from a common precursor isolated using an orphan receptor, Hgr3.⁵²⁶ Their biological function was identified as the release of prolactin from pituitary cells; however, a suggestion has been made of a potential role in the regulation of the CNS.^{527,528} Structural studies have been carried out on PrRP20 and reveal an amphipathic α -helical structure for the 10 C-terminal residues,⁵²⁹ which are functionally important.⁵³⁰ There is also a weak tendency for the N-terminal residues Pro2-Asn5 to form a β -turn-like structure.

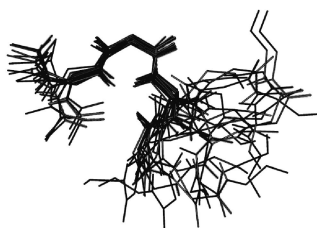
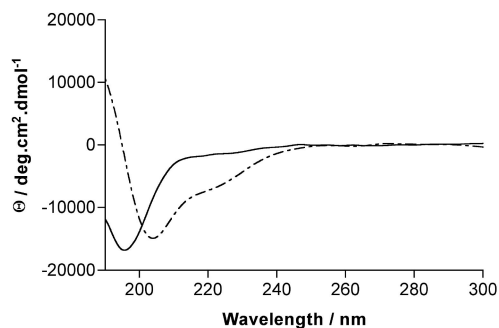
4.47. Protease-Activated Receptors

Protease-activated receptors⁵³¹ (PARs-1,2,3,4; Accession Nos.: PAR1, P25116; PAR2, P55085; PAR3, O00254; PAR4, Q96RI0) are unusual GPCRs, activated by their own N-termini after removal of ~30 residues by serine proteases. The newly exposed N-terminus folds back and activates the GPCR. Four PAR receptors are known, each having a unique cleavage site, **99**, and a unique N-terminus that elicits distinctive pharmacology.⁵³¹ Short synthetic peptides corresponding to N-termini (**99**, bold sequences) can fully activate their respective receptors in the absence of proteases. The most studied receptor is PAR-1, activated by thrombin, where PAR-1 antagonists regulate platelet aggregation, clotting, wound healing, cardiovascular disorders, and cancer (angiogenesis). Further evidence showing that PAR1 signaling to G proteins is regulated by the N-terminal region of the eighth (intracellular) helix of the receptor have recently been reported.⁵³² PAR3 and PAR4 are also activated by thrombin. The crystal structure of murine thrombin mutant S195A in complex with the extracellular fragment of murine of PAR4 has shown that the active site folds in a short helical turn including G₆₀YPGKF₆₅ residues. The presence of this turn suggests that the agonist peptide may bind to the receptor in a structured conformation.⁵³³ PAR-2 is activated by trypsin, tryptase, and other serine proteases, but not thrombin, and appears to be a target for inflammatory and proliferative diseases. PAR-2 peptides such as SLIGKV have been found

to adopt a turn structure in nonaqueous solutions, as suggested by CD spectra in the membrane simulating solvent SDS (below, dashed line) and by NMR structural data, **100**, in the aprotic solvent DMSO-*d*₆ (Beyer, Flanagan, Stoermer, Fairlie. Unpublished).

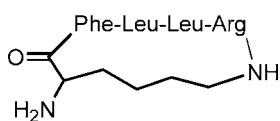
PAR-1 ATNATLDPK↓SFLLRNPN
 PAR-2 GTNRSSKGR↓SLIGKVDG
 PAR-3 LAKPTLPIK↓TFRGAPPN
 PAR-4 LPAPR↓GYPGQVCA

99

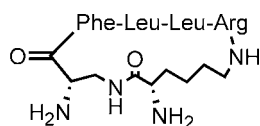


100

Cyclic analogues **101**⁵³⁴ and **102**⁵³⁵ of SFLLR have been found to be equipotent in a functional assay for PAR-1. NMR solution structures suggest turn conformations, although an extended β -sheet structure is suggested from molecular modeling of linear analogues of SFLLR.⁵³⁶



101



102

4.48. Relaxins

Relaxins (RLX: relaxin 1, Accession No. P04808; relaxin 2, Accession No. P04090, pdb 6rlx; relaxin 3, Accession No. Q8WXF3; **Insuline-Like Peptides (INSLX)**, INSL3, Accession no. P51460; INSL5, Accession no. Q9Y5Q6) include relaxins 1–3 and insulin-like peptides (INSLs) 3–6 in humans. They are unusual peptide hormones, consisting of two peptide chains linked by disulfide bonds. Their receptors have only recently been identified as the orphan leucine-rich repeat-containing GPCRs LGR7 and LGR8,⁵³⁷ called **relaxin family peptide (RXFP) receptors, RXFP1 and RXFP2, respectively.**⁵³⁸ So far, it seems clear that the receptor RXFP1 is activated by the N-terminal lipoprotein receptor class A module.⁵³⁹ In addition, two other receptors, GPCR135 (RXFP3)⁵⁴⁰ and GPCR142 (RXFP4),⁵⁴¹ have recently been identified. Relaxin itself has long been known as a reproductive hormone, but its pleiotropic activities are now becoming

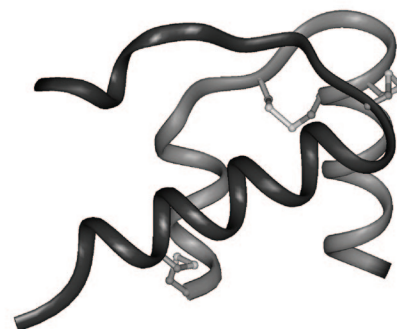
more evident. RLX2 is the major stored and circulating form in humans, and this insulin-like growth factor is produced by the ovaries or placenta in pregnancy, facilitating growth of the cervix and uterus in preparation for birth. It is produced in the prostate gland of males and is thought to increase the motility of sperm. The hormone also affects cardiovascular function and the regulation of blood pressure as well as stimulating the release of vasopressin and oxytocin from the posterior pituitary and is associated with the activation of the brain renin-angiotensin system.^{542,543} The crystal structure of relaxin 2 (**103**) shows 2 disulfide linked chains of relaxin, (A chain, light, underneath; B chain, dark, above).⁵⁴⁴ Several studies have shown that the **three** conserved residues in the helical region of the B chain, R13, R17, and I20, are important for receptor binding (see alignment below, **human** relaxin 2 numbering).⁵⁴⁵ **Most** studies have been focused on relaxin 3 in order to understand differences in receptor affinity and correlation with different physiological roles related to expression in brain. Comparison of the solution NMR structure of human relaxin 3 with relaxin 2 structure has revealed that interaction of the conserved W28 at the C-terminus of the B-chain (see alignment below) with the hydrophobic core of the peptide can be correlated with the lower affinity of this ligand with the relaxin receptor RXFP1 and inactivity at RXFP2. This feature seems to be important for activation of its endogenous receptor RXFP3.⁵⁴⁶ Relaxin 3 can also activate RXFP4 receptor, the endogenous receptor of INSL5.⁵⁴⁷ Selectivity for these receptors has very recently been related to different positioning of the residues R27W28 (see alignment below) at the C-terminus of the B chain α -helix.⁵⁴⁸ Further, the NMR structure of a chimeric relaxin peptide, consisting of the A chain from human INSL5 and the B chain of relaxin 3, has suggested that the A chain is involved in binding receptor.⁵⁴⁹ Similarly, the A chain has also been implicated in interaction with RXFP1 and RXFP2.^{550,551}

A Chain

Relaxin 1: RPYVALFEKCLIGCTKRSLAKYC
 Relaxin 2: QLYSALANKCCHVGCTKRSLARFC
 Relaxin 3: DVLGALSSSCCKWGCSEISSLIC
 INSL3: AAATNPARYCCEVI CDDGTSVKLC
 INSL5: QDLQTLCTDGC SMTDL SALS

B Chain

Relaxin 1: VAAKWKDDVIKLCGRELVRQAIAICGMSTWS
 Relaxin 2: DSWMEEVIKLCGRELVRQAIAICGMSTWS
 Relaxin 3: RAAPYGVRLCGREFIRAVIIFTCGGSRW
 INSL3: PTPPEMREKLCGHHFVRALVRVCGGPRWSTEA
 INSL5: KESVRLCGLEYIRTVIYICASSRW



103

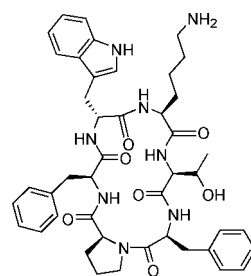
4.49. Secretin

Secretin (Accession No. P09683),⁵⁵² a 27-residue peptide hormone, HSDGTFT₇SELSRL₁₃REGA₁₇RLQRLQ₂₅LV-NH₂, was first discussed in 1902⁵⁵³ as a messenger that mediates secretion of pancreatic juices. Secretin is also a member of the glucagon family of peptide hormones and their receptors (also called the secretin family), with the secretin receptor being the first member of class II to be cloned.⁵⁵⁴ The peptide is found in S cells in the upper small intestine, and its major roles are stimulation of pancreatic and biliary bicarbonate and water secretion as well as inhibition of gastric emptying. Recombinant secretin has been approved for diagnosis of pancreatic exocrine dysfunction. Structure–activity analyses of the peptides from various species have shown the N-terminus involved in receptor selectivity, while the C-terminal region confers affinity and bioactivity.³¹³ This is consistent with the two-step binding mode of activation within the glucagon/secretin family. Structural evidence for secretin provides evidence of two distinct helical regions (residues 7–13 and 17–25) connected by a half-turn (residues 14–16).⁵⁵⁵ This structure is common within the hormone family. **Recent studies have mainly been focused on a better understanding of how secretin interacts with the amino terminal domain of its receptor. These studies have generated new models of ligand–receptor interaction.^{556–559} Currently, they suggest that secretin sits in a binding cleft within the N-terminus of the receptor, leaving the N-terminus of secretin oriented toward the third extracellular loop of the receptor. Consistently, conformational changes support a helix–helix interaction between secretin and the receptor at this region.**

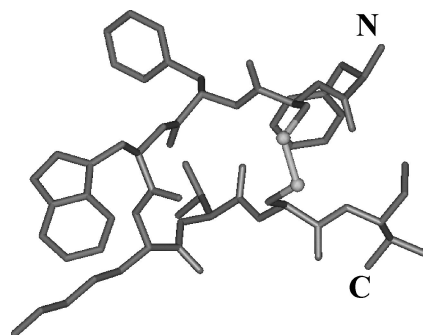
4.50. Somatostatin

Somatostatin (somatotropin release-inhibiting factor, SRIF; Precursor Accession No. P01166 (human)) is a 14 amino acid cyclic peptide (AG[C₃KNFFW₈KTFTSC₁₄]) expressed in the CNS, GI tract, and endocrine tissues. It plays an important role in neurotransmission and secretion and may also control cell proliferation in normal and tumor tissues. Somatostatin binds to five GPCRs, sstR1–5 (IC₅₀(sst2) 0.2 nM).⁵⁶⁰ In cyclic hexapeptide analogues of somatostatin, **104**,⁵⁶¹ the central tetrapeptide Phe⁷-D-Trp⁸-Lys⁹-Thr¹⁰ contains the somatostatin pharmacophore. A potent analogue of somatostatin is the octapeptide sandostatin, currently used in the clinic (D-Phe-Cys-Phe-D-Trp-Lys-Thr-Cys-Tho, octreotide, IC₅₀(sst2) 0.6 nM) and the subject of extensive structural studies including NMR, **105**,⁵⁶² and X-ray analysis.⁵⁶³ These studies showed sandostatin to adopt a type II or type II' β -turn conformation centered at D-Trp⁸-Lys⁹. **Recent NMR studies on somatostatin agonists have shown that the orientation of the side chains is also implicated in receptor binding selectivity.^{564,565} A bicyclic compound **106** (IC₅₀(sst2) 3.7 nM) stabilizing a type II β -turn,⁵⁶⁶ and a cyclic analogue (IC₅₀(sst2) 5.2 nM)⁵⁶⁷ of somatostatin possessing a nonclassical turn, were highly active. Further evidence of β -turn recognition is provided by ligands **107** and **108**. The peptidomimetic **107** was designed from cyclic analogue **104** by replacing Phe-Pro with a glucose scaffold. The Phe-D-Trp-Lys-Thr portion adopted a type II' β -turn by NMR studies, and the compound was active in a radioligand binding assay (IC₅₀ 150 nM).⁵⁶⁸ A glucose scaffold has also been used to present amino acid side-chains of **104** in a β -turn conformation in **108** (IC₅₀ 1.3 μ M).⁵⁶⁹ **Cyclic tet-****

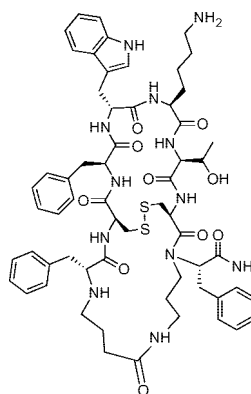
rapeptides containing α -, β^2 -, and β^3 -amino acids have also been reported as somatostatin mimics.⁵⁷⁰



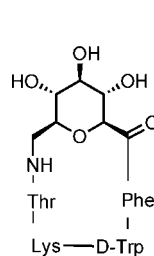
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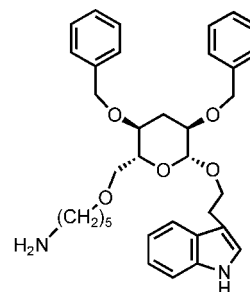
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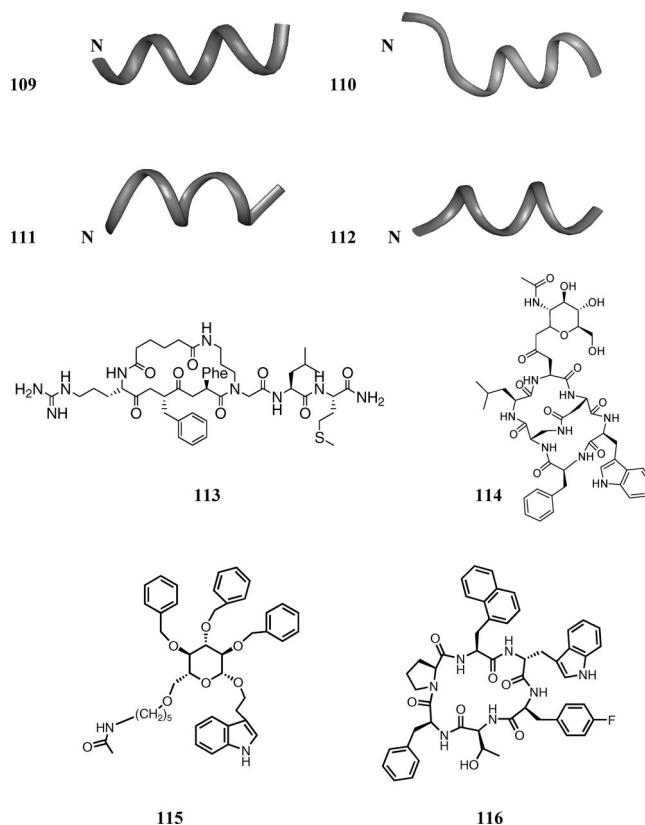
4.51. Tachykinins: Substance P, Neurokinin A, and Neurokinin B

Over 40 tachykinins are known for 3 receptor subtypes (NK1, NK2, NK3). These receptors mediate neurotransmission in the CNS and periphery, smooth muscle contraction, immunological/inflammatory, and other responses. Tachykinins isolated from mammalian tissues include substance

P (Precursor Accession No. P20366 (human)) [RPKPQQFF-GLM-NH₂], neurokinin A (α -neurokinin; substance K; neuromedin L; Precursor Accession No. P20366 (human); pdb 1n6t) [HKTDSFVGLM-NH₂] found in two elongated forms, K and γ ,⁵⁷¹ and neurokinin B (β -neurokinin; neuromedin K; Precursor Accession No. Q9UHF0 (human); pdb 1mxq, 1my) [DMHDFVGLM-NH₂]. NMR studies of substance P in micelles,^{572,573} water,⁵⁷⁴ and neurokinins A⁵⁷⁵ and B⁵⁷⁶ in micelles and SDS, respectively, suggest mid-sequence helical structure, thought to be important for receptor binding. Further ligand binding studies have supported the importance of residues R1, Q5, and Q6.⁵⁷⁷ NMR studies incorporating changes at those positions have supported the importance of a central helical structure. Extending helicity to the C-terminus or including R1 reduced interaction with the receptor. Decreased affinity is associated with loss of hydrogen bond interactions due to a conformational change.⁵⁷⁸ Analogues that include α -helix or β -turn constraints in substance P, such as Aib or Acp (1-amino cyclopentane carboxylic acid), have shown potent anticancer activity.⁵⁷⁹ Structures of nonmammalian tachykinins such as eledoisin **109**, kassinin **110**, uperolein **111**, or phyllomedusin **112** show helical turns in SDS or DPC micelles.^{580–583} Turns have been stabilized in various cyclic analogues of substance P, such as **113**, that are highly selective for NK-1 over NK-2 receptors.⁵⁸⁴ Other cyclic peptides, such as bicyclic glycopeptide nepadutant, **114**,⁵⁸⁵ are selective NK-2 antagonists (K_i 3 nM),⁵⁸⁶ while pyrrolidine-based Trp-Phe mimetics were developed based on stabilizing β I/ β II turn conformations.⁵⁸⁷ A β -turn conformation of sugar derivative **115** has also been shown to have high affinity (IC_{50} 60 nM) for NK receptors.⁵⁸⁸ Compound **115** is specific for NK receptors and does not interact with at least 50 different receptors, including somatostatin and β -adrenergic receptors. Interestingly this compound was a lead to the first cyclic peptide antagonist (**116**) of the NK1 receptor (IC_{50} 2 nM).⁵⁸⁹ A small molecule NK1 antagonist, Aprepitant, is available for treating nausea caused by chemotherapy.

4.52. Thyrotropin

Thyroid-stimulating hormone (TSH; Accession No. P01222) is the fourth member of the glycoprotein hormone family (hCG, FSH, LH, and TSH). The protein consists of an α and β subunit, the α subunit of 116 residues is identical to hCG, FSH, and LH, while the β subunit of 112 residues is unique in sequence but adopts the characteristic cysteine knot of this family. TSH targets the TSH receptor and its major function is to maintain synthesis and secretion of thyroid hormones such as 1-3,5,3'-triiodothyronine (T3) and l-thyroxine (T4).⁵⁹⁰ Reduced TSH activity causes hypothalamic-pituitary hypothyroidism, tumors that secrete high levels of TSH cause hyperthyroidism,⁵⁹¹ and antibody agonists of TSH receptor have been found in patients with Graves disease.⁵⁹² Recombinant hTSH is a diagnostic and used in managing thyroid cancer. Like hCG, FSH, and LH, it would appear that loops are involved in receptor activation. The crystal structure of the TSH receptor in complex with a monoclonal thyroid-stimulating autoantibody (pdb 3G04) has suggested a "lock and key" binding model,⁵⁹³ quite similar to those reported for FSH.²⁶⁴ The structure has provided some clues of how autoantibodies interact with the receptor, allowing development of the first human monoclonal autoantibody to the TSH receptor.⁵⁹⁴ This should be useful for designing new

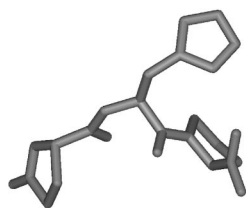


small molecules that act as thyroid disruptors,⁵⁹⁵ similar to the mechanism of the well-known insecticide DDT.⁵⁹⁶

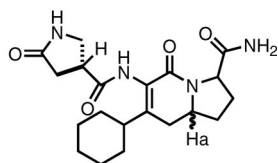
4.53. Thyrotropin-Releasing Hormone

Thyrotropin releasing hormone (thyroliberin, TRH; protirelin; Accession No. P20396) is a three-residue hormone (l-paraglutamyl-L-histidyl-L-prolinamide) produced in the hypothalamus. It stimulates the synthesis and secretion of TSH^{597,598} and is also associated with the release of other hormones including insulin, and with neurotransmitter and neuromodulatory functions.⁵⁹⁹ Effects are mediated through binding to the TRH receptors TRH-R1 and TRH-R2, although only the former has been encountered in humans.^{597,600,601} TRH or Protirelin (Relefact TRH) is used in the clinic as a diagnostic to test the response of the anterior pituitary. TRH exhibits its effects by binding to the TRH receptor. Numerous TRH analogues^{602–605} have been studied as peptidomimetics of putative turn or Y-shaped conformations^{606–608} of the native ligand **117**, such as constrained analogues **118**,^{604,605} Epimers of **118** displayed substantially different binding and activation of the TRH-R (**118a**, K_i 290 μ M, EC_{50} 44 μ M; **118b**, K_i 1.9 μ M, EC_{50} 91 nM), were critically dependent on stereochemistry of the turn-mimicking bicyclic ring, and show 3 \times better affinity for TRH-R than the less restrained cyclohexylalanine derivative of TRH (CyclohexylAla²-TRH, K_i 6.5 μ M, EC_{50} 430 nM). A more potent and selective antagonist has also shown a strong dependence on stereochemistry, with 13-fold higher selectivity for TRH-R1 over TRH-R2 (TRH-1, K_i 0.29 μ M; TRH-R2, NA).⁶⁰⁹ On the other hand, other analogues based on structural changes on TRH have shown a low affinity for this hormone in HEK293 cells. Strikingly, they have been described as superagonists of TRH-Rs, being even more efficient than TRH.⁶¹⁰ This is the first example where the

ability of an analogue to activate TRH-Rs is inversely correlated with decreased affinity.



117

1a, H=α
1b, H=β

118

4.54. Tuberoinfundibular Peptide

Tuberoinfundibular peptide (TIP39; Accession No. Q96A98) is a 39-residue peptide (SLALA₅DDAAFRERARLLAALE-R₂₂RHWL₂₆NSYMHKLLV₃₅LDAP) purified from the hypothalamus. It has been identified as the endogenous ligand for the parathyroid hormone receptor 2 (PTH2) but lacks affinity for PTH1.^{492,611,612} PTH2 is highly expressed in the central nervous system,⁶¹¹ and the interaction is thought to be involved in pain and pituitary function. The structure of TIP39,⁶¹³ **119**, has recently been characterized in a lipid environment and consists of two α-helical regions from A5 to R22 and L26 to V35. The N-terminal helix shares a high sequence as well as structural homology with PTH. (The coordinates of **119** were kindly provided by Dr. Dale Mierke.⁶¹³) Results based on fluorescence binding and NMR changes have suggested that TIP39 associates with the membrane surface before binding to and activating the receptor at its extracellular surface.⁶¹⁴



119

4.55. Urocortin, Urocortin II, and Urocortin III

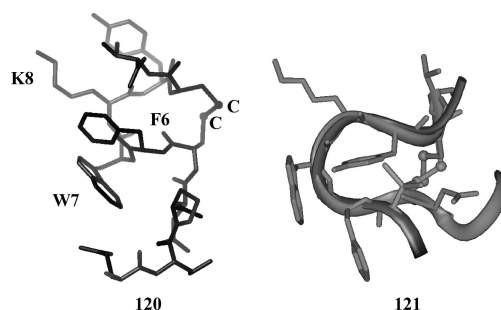
Urocortins [Urocortin: Ucn; 40-residue peptide; Accession No. P55089. Urocortin II: UcnII; 41-residue peptide; stresscopin-related peptide; urocortin-related peptide; Accession No. Q96RP3. Urocortin III: UcnIII; 38-residue peptide; stresscopin; Accession No. Q969E3.] are members of the structurally homologous CRF (corticotropin releasing factor) family, which also includes amphibian sauvagine and fish urotensin I.^{615,616} These peptide hormones target the CRF receptors with varying selectivity. CRF possesses mild selectivity for CRF1 over CRF2, and Ucn binds to both CRF1 and CRF2, whereas UcnII and UcnIII (and the human homologues stresscopin/stresscopin-related peptide) selectively bind to CRF2 receptors (2α, β, γ). Based on their homology to CRF, these peptide hormones are thought to maintain a helical conformation, confirmed by NMR in water⁶¹⁷ and DMSO.⁶¹⁸ Novel antagonists were derived from this family via deletions of the N-terminal 8–11 residues. One related antagonist, astressin, [cyclo(30–33)[D-Phe₁₂,Nle₂₁,Glu₃₀*,Lys₃₃*,Nle₃₈]hCRF(12–41)], is assumed to adopt an α-helical conformation when interacting with receptors.⁶¹⁹ Its NMR-derived solution structure has been recently reported, supporting this assertion.^{207,618,620} In addition to cyclic constraints, CD studies indicate high levels

of helicity (up to 94% in water) for both linear and cyclic analogues.⁶²¹

hCRF SEEPPISLDLTF₁₂HLLREVLEM₂₁ARAEQLAQQ AHS NRKLMEEI-NH₂
 hUcnI DNPSSLIDLTF₁₂HLLRTRLEL₂₁ARTQSQRER AEQ NRIIFDSV
 hUcnII IVLSLDVPI₁₂GLLQILLEQ₂₁ARARAAREQ ATT NARILARVGHG
 hUcnIII FTLSLDVPT₁₂NIMNLLFNI₂₁AKAKNLRAQ AAA NAHLMAQI
 Ast* f₁₂HLLREVLEX₂₁ARAEQLAQE*AHK*NRKLXEI
 X = Nle,

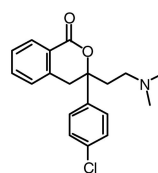
4.56. Urotensin II

Urotensin II (U-II) (Accession No. O95399 (human)) and Urotensin II-related peptide (Urotensin-2B, Accession no. Q765I2 (rat); prepro-Urotensin II-related peptide, Accession no. Q6Q273 (chicken)) is an 11-residue disulfide-bridged cyclic peptide (ETPDC₅FWKYC₁₀V). It has been identified as the endogenous ligand for the orphan receptor GPR14,⁶²² currently referred to as UT receptor. The seven C-terminal residues (CFWKYCV) form a macrocycle and are deemed essential for biological activity [hU-II, K_i 0.8 nM; hU-II(4–11) K_i 0.25 nM].⁶²³ Urotensin II is a vasoconstrictor and has been shown to be up to 2 orders of magnitude more potent than endothelin-1.^{622,624} Its analogue, urotensin-related peptide (URP), has now been identified, sharing the same cyclic C-terminal hexapeptide sequence and similar biological functions as U-II.^{625,626} The effects of both agonist U-II and URP can be blocked by the antagonist urantide ([Pen₅, DTrp₇, Orn₈]hU-II(4–11), Pen = penicillamine (β,β-dimethylcysteine)).⁶²⁷ The NMR solution structure of the complete disulfide-bridged cyclic peptide, **120**, (supplied by Dr. T. Klabunde⁶²⁸) has been published by several groups.^{628,629} The disulfide-bridged cyclic portion shows a turn-like conformation, albeit a nonclassical turn. Further studies^{623,629} have generated potent Urotensin II analogues containing a disulfide bridge, the superagonist P5U **121** (K_i 0.2 nM), where the analogue is DXFWKYCV and X is β,β-dimethylcysteine superimposed on hU-II. (The coordinates of **121** were provided by Dr. A. Carotenuto.^{623,629})

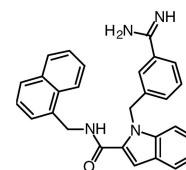


120

121



122



123

The solution structure of UT-II in SDS micelles⁶³⁰ shows two major conformations, the most populated being a type

II' β -hairpin structure. Truncated agonist analogue **121** was exclusively a type II' β -hairpin conformation in SDS micelles. A 3-point pharmacophore hypothesis of the most important residues required for receptor activation was proposed (Trp-7, Lys-8, Tyr-9) based on this β -turn. Interestingly, the pharmacophoric distances of the nonpeptide agonist **122** (+)-enantiomer⁶³¹ were found to be within 0.5 Å to that found for **121**, suggesting that **122** (EC₅₀ 300 nM) is a peptidomimetic of the receptor binding conformation of UT-II.

Another reported pharmacophore model, based on a β -turn conformation of UT-II, was used to screen libraries of inhibitors *in silico*. These efforts led to the discovery of a variety of antagonists of the urocortin receptor, including compound **123** (IC₅₀ 400 nM).^{628,632} Other studies have focused on binding affinities of U-II, URP, and also urantide for the UT extracellular segments of the receptor by using surface plasmon resonance. It has been concluded that U-II and URP bind helical extracellular loops II and III, whereas urantide only binds to loop II.⁶³³ Different binding modes may correlate with different agonist or antagonist ligand effects.⁶³⁴ The NMR and molecular modeling studies of U-II interacting with loop III of the receptor in the presence of dodecylphosphocholine micelles have shed some light, suggesting that the type III β -turn (Q285-L288) and the α -helical conformation (A289-L299) observed for hUT-(281–300) receptor are involved in agonist binding.⁶³⁵

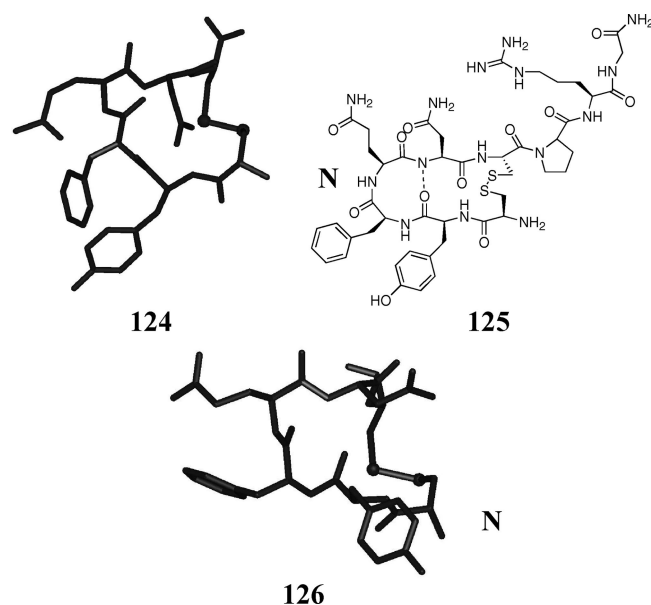
4.57. Vasoactive Intestinal Peptide

Vasoactive intestinal peptide (VIP; Accession No. P01282) is a C-terminally amidated 28-residue neuropeptide (HSD-AVFT₇DNYTRLR₁₅QMAV₁₉KK-YLNSIL₂₇N-NH₂) that is widely distributed in both the peripheral and central nervous systems. VIP has a large range of biological functions associated with the airways, digestive tract, cardiovascular system, immune system, reproductive system, endocrine glands, and the brain.⁵⁰² VIP binds two GPCRs, VPAC1 and VPAC2, with similar affinity. An investigation of key residues for receptor binding of VIP used an alanine scan to reveal a highly selective VPAC1 agonist, [Ala(11,22,28)]VIP.⁶³⁶ The structure of VIP, like those of related peptides in this family, consists of two helical regions between residues 7–15 and 19–27, while residues 16–18 possess no defined structure.⁶³⁷ A peptide found in lizards, Helodermin, has high homology with VIP and PACAP, and NMR studies show an α -helix from residues 9–23 in water.⁶³⁸ New ligand–receptor binding research supported by photoaffinity, molecular modeling, and dynamic studies have shown that the α -helical region of VIP from residue F6 to C-terminal N28 lies in the N-terminal ectodomain⁶³⁹ of VPAC1 receptor.^{640,641} Like PACAP (*vide supra*), further studies have concluded that the N-terminal 1–5 residues of VIP interact with this receptor as well.⁶⁴²

4.58. Vasopressin and Vasotocin

Vasopressin (β -hypophamine; [Arg8]-vasopressin; antidiuretic hormone; Accession No. P01185 (human); pdb 1jk4; CCD Code: DUNLON) [C₁YFQ₄NC₆PRG-NH₂, disulfide 1–6], is a mammalian neurohypophyseal hormone similar to oxytocin in structure and function, and vasotocin (Accession No. P23879 (fish)) [C₁YIQNC₂PRG-NH₂, disulfide 1–6] is found in lower-order animals and plants. Vasopressin targets three receptors (V1a, V1b, V2), and a crystal structure

of a cyclic derivative pressinoic acid, **124**,⁶⁴³ while not showing any classical secondary structure, is similar in conformation to a β -turn. A recent structure for vasopressin **125**, complexed with hormone transport protein neurophysin, revealed a more classic β -turn (type I) shown below, **126**.⁶⁴⁴ The NMR structure in water of vasopressin as well as molecular modeling studies also supported β -turns at positions 3,4 and 4,5 in its cyclic part, while the disulfide bridge is in a right-handed conformation. In addition, the C-terminal fragment appears in an extended conformation.⁶⁴⁵ Desmopressin ([1-desamino,8-D-arginine]vasopressin) a V2 agonist that exhibits an antidiuretic activity, has been used to treat diabetes insipidus, as has vasopressin. Structural studies show that, in aqueous solution, it possesses an inverse γ -turn centered at Q4.⁶⁴⁶



5. Nonmammalian Peptide Hormones

This review has focused predominantly on mammalian peptide hormones that target GPCRs. Below are a few examples of ligands that target GPCRs in nonmammalian organisms.

5.1. Alpha Factors

Mating factors alpha (Accession No. P01149 *S. cerevisiae* alpha1, P32435 *S. cerevisiae* alpha2, P06648 *S. cerevisiae*) are 13-residue peptides (e.g., WHWLQLK₇P₈G₉QPMY, *S. cerevisiae*) secreted as a trigger for the reproduction cycle in yeast. The system has been utilized extensively as a model system for short peptides binding to GPCRs with the yeast pheromones binding to the Ste2p receptor. Numerous studies of α factor and its analogues, including conformationally constrained peptides, have indicated that a β -turn exists from residues 7–10.^{647–649} One particular study used a γ -lactam conformational constraint [3-(*R* or *S*)-amino-2-oxo-1-pyrrolidineacetamido group] at positions 8 and 9 and found a γ -turn structure around the lactam group, as well as comparable activity to the native peptide.⁶⁴⁸

5.2. Neuropeptide F

Neuropeptide F (NPF; Accession No. P41967; pdb 1k8v) is a 39-residue peptide originally isolated from the sheep tapeworm *Moniezia expansa* (P₋₂D₋₁K₀D₁FIVNPSDLVL-

Table 1. Peptide Sequence Secondary Structure

peptide ^a	length	structure
allatostatin	6–18 residues	β -turn in active core ⁶⁵⁶
proctolin (cockroach)	RYLPT	β -turn ⁶⁵⁷ / β -bulge ⁶⁵⁸
AKH (locust)	QLNFT ₅ PNW ₈ GT	β -turn from res 5–8 ⁶⁵⁹ helical (precursor) ⁶⁶⁰
diuretic hormones	variable length and sequence	central helical region ⁶⁶¹
insect kinin	C-term (FXXWG-NH ₂)	β -turn ⁶⁶²
DCIN	ρ ETF ₃ QYSHGW ₉ TN-NH ₂	turn ⁶⁶³
corazonin	ρ ETF ₃ QYSRGW ₉ TN-NH ₂	turn ⁶⁶³

^a AKH, adipokinetic hormone; DCIN, dark-color-inducing neurohormone.

DNK₁₄AALRDYLRQINEYFAII₃₁GRPRF-NH₂).⁶⁵⁰ To date over 30 different peptides have been isolated from over 40 different flatworm species. NPF is similar in sequence to the vertebrate NPY family (above), in particular to the pancreatic polypeptides, where the C-terminal motif of RPRF is strictly conserved in amphibian and reptile PP and almost conserved in the human sequence (RPRY).⁶⁵¹ Its origin links this peptide with a possible target for new antiparasitic drugs. The function of NPF is uncertain; **it may play different roles in feeding regulation,^{652,653} locomotion,⁶⁵⁴ or clock-controlled sexual dimorphism.⁶⁵⁵** The NMR solution structure of NPF (127) shows an amphipathic α -helical region from residues K14 to I31, the remainder adopting random conformations.⁶⁵¹

There are many other ligands that have been investigated, including those listed in Table 1, that show evidence for turns.

6. Conclusions

G protein-coupled receptors (GPCRs) constitute the largest family of cellular receptors involved in signal transduction. There are ~1000 GPCRs presently documented, although some researchers predict that as many as 5000–6000 may exist.⁶⁶⁴ Of the several hundred GPCRs known to be activated by peptide or protein hormones, only peptide-activated GPCRs for angiotensin, endothelin, oxytocin, neurokinin, and somatostatin have been successfully targeted by small-molecule pharmaceuticals to date, **although a number of GPCR-binding peptides are in clinical trials. We have now examined** ~135 GPCRs of all five known classes. The majority are members of the rhodopsin and secretin families.^{5,665} Those classes bind peptides and proteins with remarkably similar structure–function relationships. Two major examples are those of the secretin or glucagon family and the glycoprotein hormones A. The former, the secretin family, consists of a medium-sized peptide that has a general helical structure, commonly divided into two components, which follows the commonly accepted two-step GPCR activation. This ligand family includes calcitonin, CRLR, CRH, glucagon, GIP, GLP, GHRH, PACAP, PTH, secretin, and VIP. The latter includes hCG, LH, FSH, and TSH and consists of an almost identical structure, a two-domain cysteine knot. One domain is identical in all four hormones; the other is unique in each hormone but maintains a similar structure with loop regions thought important for activation.

We have assembled for the first time the voluminous structural and/or activity evidence in support of a ligand turn shape being the likely recognition domain in GPCR-binding domains of all of these ligands. In the absence of structurally defined GPCR–ligand complexes, we have analyzed solution or solid-state structures for a variety of GPCR-binding

ligands alone, including (i) peptide and protein hormone ligands, (ii) bioactive peptide fragments, (iii) cyclic peptides, often analogues of protein segments, and (iv) peptidomimetic antagonists with a conformational bias enforced by the presence of turn-inducing constraints.

GPCR-binding of endogenous proteins/peptides, in which a β/γ -turn conformation is clearly associated with bioactivity, included bradykinin, C3a and C5a, endomorphin, enkephalin, melanocortin, **orexin**, PARs, sandostatin, urotensin II, and vasopressin. Proteins/peptides that bind to GPCRs and were reported to adopt helical turn conformations included bombesin, calcitonin, endorphin, endothelin, glucagon, glucagon-like, neuropeptide Y, nociceptin, **orexin**, pancreatic peptide, parathyroid hormone, and sarafotoxin.

We have also summarized examples of small cyclic peptidomimetics for naturally occurring GPCR-binding small peptides, including somatostatin (14 residues), melanocyte-stimulating hormone (13), oxytocin (9), vasopressin (9), substance P (11), bradykinin (9), opioid peptides such as enkephalins (5), dynorphins (11–17) and endorphins; and small fragments of proteins such as angiotensins, luteinizing release hormone (LHRH), endothelin, leukokinin, melanocortin, growth hormones, human parathyroid hormone, complement anaphylatoxins, PARs, and CCK. Most of these examples were β -turn mimetics that have quite potent antagonist activities at their cognate GPCRs.

A few examples of turn mimetics have also been presented, but these are reviewed elsewhere in much more detail.^{27–38} Those reviews summarize the growing collection of turn-inducing constraints that are now available for fixing α -, β -, and γ -turns in peptides and cyclic peptides, and many such constraints have become useful as scaffolds for constructing nonpeptidic ligands for GPCRs. In particular the reverse β -turn has emerged as an important structural feature for incorporation into the design of GPCR antagonists. Although β -turns have been reported to play important roles in recognition phenomena, there is also now an emerging literature in support of γ -turns, and more recently α -turns (as found in α -helices), being key turn motifs that are recognized by GPCRs.

From this large volume of data for a structurally diverse collection of ~135 GPCR-binding ligands, we found herein that all ligands adopt either α -, β -, or γ -turns, with neurotensin the only example^{465,666} to date of a GPCR-binding ligand that seemingly prefers an alternative ligand conformation (a β -strand). We emphasize this example, because the demonstrated recognition of a β -strand in that case is contradictory to the preponderance of circumstantial evidence that has been assembled herein in support of turn recognition by peptide-activated GPCRs in general. The preference of GPCRs for turn-shaped ligand motifs also contrasts with ligand preferences of proteolytic enzymes, which almost universally recognize the β -strand shape,^{667–669} and with transcriptional receptors that recognize transcription factors mainly in α -helical conformations. We think that these common patterns of ligand recognition by all or most members of a particular protein class may be much more common than currently documented. It is sensible that proteolytic enzymes would not recognize turns or helices, otherwise the latter folded structures would be indiscriminately degraded. Nature appears to have evolved GPCRs on cells to specifically recognize stable turn shapes that are not readily susceptible to proteolytic cleavage. This is an interesting contrast in conformational organization between

ligands recognized by proteases and GPCRs and should be further studied in more detail.

A number of basic principles now appear to be common to all currently known peptide-activated GPCRs. These include a multiplicity of ligands, a seven helical transmembrane receptor, receptor oligomerization, and a multiplicity of G protein signaling. We now highlight another important feature, a common ligand motif or shape for recognition by GPCRs. Herein we demonstrate what we believe to be a key paradigm for cell signaling via GPCRs, namely, that peptide-activated GPCRs may recognize broadly similar turn conformations or shapes in their diverse peptidic ligand signals. This structural requirement, and the information assembled herein, may help toward a better general understanding of the interactions between peptide/protein ligands and GPCRs, and of the structural basis for GPCR-mediated signal transduction across cell membranes. The information can be valuable in the design and development of nonpeptidic ligands²⁶ for peptide- and protein-activated GPCRs, but may also promote a continued search for generic approaches to turn mimetics as a potentially fruitful approach to the design and development of new antagonists/agonists of peptide/protein-binding GPCRs, as new therapeutic leads for what is already a 30 billion dollar annual market.⁶⁷⁰

7. Abbreviations

Aib	α -aminoisobutyric acid
AKH	adipokinetic hormone
Cit	citrulline
Cpa	<i>p</i> -chlorophenylalanine
DCIN	dark-color-inducing neurohormone
GPCRs	G protein-coupled receptors
Lys(Nic)-N ϵ	nicotinoyllysine
Ilys-N ϵ	isopyrolyllysine
Dpr	diaminopropionic acid
Nal	β -(2-naphthyl)alanine
Nme	<i>N</i> -methyl
Nle	norleucine
Orn	ornithine
Pal	β -[pyridyl]alanine
pE	pyroglutamic acid
Pen	penicillamine
pHPPA	<i>p</i> -hydroxy-3-phenylpropionyl
Tfa	trifluoroacetyl
Tho	reduced threonine
Sar	sarcosine

8. Acknowledgments

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